

TRACK & FIELD

ARKANSAS QUALIFIER

FEBRUARY 19. 2016

Entry Information:

- Entries open: January 1, 2016.
- Entries close: Monday, February 15, 2016@ 11:59pm.
- Unlimited entries per each event.
- For questions, please contact Danny Green at <u>dgreen@uark.edu</u> / 479-575-2757.

Entry Fee:

\$500.00 per gender per team.

Entry Procedure:

All entries will be done online through Direct Athletics @ www.directathletics.com. For entry procedure questions go to: http://www.directathletics.com/help.html. If you have any questions, please contact Danny Green at dgreen@uark.edu or call 479-575-2757.

Packet Pick-Up:

Available 10:00am at the Randal Tyson Track Center on Friday, February 19, 2016.

Practice:

The Randal Tyson Track Center will be open for practice 5:00PM to 8:00PM Thursday , February 18.





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Preferred Lanes: Straight Races: 4,5,3,6,2,7,1,8

200-400: 5,6,4,3,2,1

RESULTS: www.arkansasrazorbacks.com, www.flashresults.com

WARM UPS: ALL WARM UPS WILL BE AT THE FOWLER TRACK AND BASEBALL FACILITY LOCATED AT

THE FRONT OF THE TYSON CENTER.

TIMING/RESULTS: FLASH RESULTS- WWW.FLASHRESULTS.COM

IMPLEMENT WEIGH IN: THE IMPLEMENT WEIGH IN ROOM IS LOCATED ON THE EAST SIDE OF THE FOWLER CENTER.

IMPLEMENTS CAN BE CHECKED IN 2 HOURS PRIOR TO THE START OF THE DAY'S

COMPETITION AND UP TO 1 HOUR PRIOR TO THE EVENT. THE IMPLEMENT CHECK IN ROOM

WILL CLOSE 1 HOUR AFTER THE COMPLETION OF THE LAST THROWING EVENT.

TRAINING ROOM FACILITIES: PLEASE CONTACT COLE PETERSON 479-422-3525

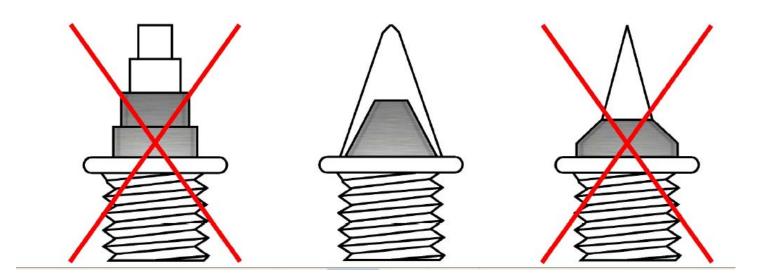
***ALL THROWING EVENTS WILL BE HELD ATH THE FOWLER TRACK AND BASEBALL FACILITY LOCATED AT THE FRONT OF THE TYSON CENTER **





SPIKES:

- ONLY 1/4 PYRAMID SPIKES WILL BE ALLOWED IN THE RANDAL TYSON TRACK CENTER.
- ATHLETES WILL NOT COMPETE IF YOU DO NOT COMPLY WITH THIS RULE.
- NO NEEDLE SPKE OR CHRISTMAS TREE SPIKE ALLOWED.
- SHOES WILL BE CHECKED AT THE ATHLETE'S GATE AND THE CLERKS AREA PRIOR TO GETTING ON THE TRACK.







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FRIDAY, FEBRUARY 19, 2016

TENTATIVE SCHEDULE

FIELD EVENTS:

8:10PM

2:00PM	W	HIGH JUMP
2:00PM	M	SHOT PUT
TO FOLLOW	W	SHOT PUT
3:00PM	M	LONG JUMP
	W	LONG JUMP
3:00PM	W	POLE VAULT
4:00PM	W	WT. THROW
TO FOLLOW	M	WT. THROW
5:00PM	M	TRIPLE JUMP
	W	TRIPLE JUMP
6:00PM	M	POLE VAULT
7:00PM	M	HIGH JUMP

RUNNING EVENTS:				
4:30PM	М	60M HURDLES	PRELIM	
4:45PM	W	60M HURDLES	PRELIM	
5:00PM	M	60M DASH	PRELIM	
5:15PM	W	60M DASH	PRELIM	
5:30PM	M	400M DASH		
5:45PM	W	400M DASH		
6:00PM	M	60M HURDLE	FINAL	
6:05PM	W	60M HURDLE	FINAL	
6:15PM	M	60M DASH	FINAL	
6:25PM	W	60M DASH	FINAL	
6:35PM	M	3000M		
6:40PM	W	3000M		
6:50PM	M	800M		
7:00PM	W	800M		
7:10PM	M	200M DASH		
7:25PM	W	200M DASH		
7:40PM	M	MILE		
7:50PM	W	MILE		
8:00PM	M	4X400M RELAY		

4X400M RELAY