



ARKANSAS
2015 POSTSEASON SUPPLEMENT
RAZORBACKS





This Week's Schedule:

SEC Championships - 8K
Watts XC Course - College Station, Texas
Fri., Oct. 30 - 10:00 a.m.

Next Up:

NCAA Reg. Championships - 8K
Watts XC Course - College Station, Texas
Fri., Oct. 30 - 11:00 a.m.

Pre-Nationals

In one of the most stacked races of the season Arkansas men's cross country rose to the occasion and finished third as a team where 12 out of the 42 teams were nationally ranked in the top-25. Behind only No. 1 Colorado and No. 3 Oregon then No. 13 Arkansas, placed three runners in the top-30 in a field of 272 and all five within the top 50.

Austen Dalquist was the lead runner for the group surprising many with a performance that saw him drop 22 seconds in the process of setting a new personal best in the 8K of 23:38.70. Dalquist crossed in 21st followed by Frankline Tonui (23:43.10) in 26th and Christian Heymsfield (23:43.80) in 28th. Gabe Gonzalez was the fourth to cross for the Razorbacks finishing 39th in 23:50. while Alex George secured their top spot coming through in 50th in 23:57.

The Razorbacks also had a strong showing in the 8K open with four out of their five runners placing within the top 10 led by freshman Cameron Griffith who finished fifth. Along with Griffith, Stephen Mugeche (sixth), Ethan Moehn (seventh) and Kyle Host-

2015 Roster

Graham Brown	Fr.	Palatine, Ill. (Palatine HS)
Jack Bruce	So.	Brisbane, Australia (UALR)
Nick Costanza	So.	Flower Mound, Texas (Flower Mound HS)
Austen Dalquist	So.	Keller, Texas (Keller HS)
Noah Findlay	Jr.	Little Rock, Ark. (Catholic HS)
Alex George	So.	Gloucester, Great Britain (The Marling School)
Gabe Gonzalez	R-Sr.	Springdale, Ark. (Springdale HS/Kansas)
Cameron Griffith	Fr.	Sydney, Australia (Trinity Grammar School)
Christian Heymsfield	R-Jr.	Elkins, Ark. (Elkins HS)
Kyle Hosting	Jr.	Decorah, Iowa (Iowa Central CC)
Ethan Moehn	So.	Monroe, Wis. (Monroe HS)
Stephen Mugeche	Fr.	Blue Springs, Mo. (Blue Springs HS)
Aidan Swain	R-Jr.	Fayetteville, Ark. (Fayetteville HS)
Frankline Tonui	So.	Nakuru, Kenya (Iowa Central CC)
Cale Wallace	Sr.	Cypress, Texas (Cypress-Ranch HS)



2015 Schedule and Results:

9.1.15 Okla. State Duals Stillwater, Okla. 5K
Team Finish: **4th of 4**
Top UA Finisher: **Graham Brown (9th overall)**

9.19.15 Iona Meet of Champions New York, N.Y. 8K
Team Finish: **2nd of 10**
Top UA Finisher: **Frankline Tonui (1st overall)**

10.3.15 Chile Pepper Festival Fayetteville, Ark. 8K
Team Finish: **1st of 15**
Top UA Finisher: **Alex George (3rd overall)**

10.17.15 Pre-Nationals Louisville, Ky. 8K
Team Finish: **3rd of 42**
Top UA Finisher: **Austen Dalquist**

10.30.15 SEC Championships College Station, Texas 8K
Team Finish:
Top UA Finisher:

11.13.15 NCAA Reg. Champ. College Station, Texas 10K
Team Finish:
Top UA Finisher:

11.21.15 NCAA Championship Louisville, Ky. 10K
Team Finish:
Top UA Finisher:

Cross Country Quick Facts

Head Coach.....Chris Bucknam
Athletic Trainer.....Cole Peterson
Office Phone.....479-575-5403
Office Fax.....479-575-3716
Mailing Address.....10 S. Razorback Road
John McDonnell Field
Fayetteville, AR 72701

Facility.....Razorback Cross Country Course
2014 SEC Finish.....1st
2014 NCAA Regional Finish.....1st
2014 NCAA Finish.....28th

Athletic Media Relations

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ing (eighth) had solid performances assiting the team to finish first. Aidan Swain (13) solidify their place as the team's fifth finisher in 25:15.40.

SEC Notes

Austen Dalquist was named the SEC Runner of the Week for the first time on 10/20 for his solid effort at the Pre-National meet. His time of 23:38.70 is currently the third best 8K time in the SEC behind only teammates Alex George and Frankline Tonui.

In addition to those three, Christian Heymsfield (fourth), Gabe Gonzalez (sixth) and Jack Bruce (tenth) all have 8K performances in the top 10 of the SEC.

SEC Championships

Arkansas heads into this weekend's championship as the highest nationally ranked team in the conference at No. 8. Thea Razorbacks have won 22 out of 24 cross country championships since joining the SEC in 1991. Arkansas also boasts 13 individual conference champions three of whom were guided by head coach Chris Bucknam.

The Razorbacks return three All-SEC runners in Alex George, Gabe Gonzalez and Cale Wallace as well as another member of last year's top five in Aidan Swain.

Along with the 2014 scorers the Razorbacks expect top performances from NJCAA transfer Frankline Tonui as well as redshirt junior Christian Heymsfield who returned healthy this season and has been a staple in the top five.

8K Entries

Graham Brown M 54
Jack Bruce M 55
Nick Costanza M 56
Austen Dalquist M 57
Noah Findlay M 58
Alex George M 59
Gabe Gonzales M 60
Cameron Griffith M 61
Christian Heymsfield M 62
Kyle Hosting M 63
Ethan Moehn M 64
Stephen Mugeche M 65



Frankline Tonui

Aidan Swain M 66
Frankline Tonui M 67
Cale Wallace M 68

On Tap

The championship season begins with SECs in College Station, Texas Oct. 30, followed by the NCAA South Central Regional Championships in College Station, Texas Nov. 13. It all culminates with the NCAA Championships Nov. 21 in Louisville, Ky.

SEC Championship Results Since 1991

Year (Site)	Team Champion	Pts.	Runner-up	Pts	Individual Champion	Distance	Time
1991 (Athens, Ga.)	Arkansas	15	Tennessee	88	Brian Baker, AR	8K	24:17.00
1992 (Lexington, Ky.)	Arkansas	23	Tennessee	96	Pablo Sierra, UM	8K	24:59.10
1993 (Baton Rouge, La.)	Arkansas	18	Tennessee	75	Michael Morin, AR	8K	23:29.20
1994 (Fayetteville, Ark.)	Arkansas	38	Tennessee	42	Jason Bunston, AR	8K	23:49.40
1995 (Starkville, Miss.)	Arkansas	32	Tennessee	58	Godfrey Siamusiye, AR	8K	23:47.00
1996 (Oxford, Miss.)	Arkansas	15	Alabama	64	Godfrey Siamusiye, AR	8K	23:39.50
1997 (Columbia, S.C.)	Arkansas	19	Alabama	66	Ryan Wilson, AR	8K	23:46.50
1998 (Maryville, Tenn.)	Arkansas	19	Tennessee	63	Michael Power, AR	8K	23:55.79
1999 (Nashville, Tenn.)	Arkansas	17	Tennessee	59	Michael Power, AR	8K	24:10.60
2000 (Tuscaloosa, Ala.)	Arkansas	27	Alabama	43	David Kimani, UA	8K	24:19.03
2001 (Auburn, Ala.)	Arkansas	24	Alabama	85	David Kimani, UA	8K	23:46.93
2002 (Gainesville, Fla.)	Arkansas	31	Alabama	52	David Kimani, UA	8K	24:05.18
2003 (Athens, Ga.)	Arkansas	33	Georgia	58	Thomas Morgan, UK	8K	24:59.25
2004 (Fayetteville, Ark.)	Arkansas	23	Florida	72	Josphat Boit, AR	8K	23:09.91
2005 (Columbia, S.C.)	Arkansas	23	Alabama	73	Josphat Boit, AR	8K	22:59.10
2006 (Baton Rouge, La.)	Arkansas	21	Florida	73	Barnabas Kirui, UM	8K	23:53.24
2007 (Lexington, Ky.)	Arkansas	36	Florida	74	Emmanuel Bor, UA	8K	23:50.45
2008 (Starkville, Miss.)	Alabama	32	Auburn	62	Girma Masecho, AU	8K	23:11.26
2009 (Oxford, Miss.)	Alabama	56	Arkansas	61	Barnabas Kirui, UM	8K	24:24.75
2010 (Columbia, S.C.)	Arkansas	34	Alabama	62	Barnabas Kirui, UM	8K	23:52.07
2011 (Maryville, Tenn.)	Arkansas	33	Florida	66	Eric Fernandez, AR	8K	24:10.60
2012 (Nashville, Tenn.)	Arkansas	35	Georgia	73	Henry Lelei, AM	8K	23:29.75
2013 (Gainesville, Fla.)	Arkansas	31	Florida	96	Kemoy Campbell, AR	8K	22:58.73
2014 (Tuscaloosa, Ala.)	Arkansas	54	Ole Miss	60	Stanley Kebenei, AR	8K	23:49.27



TOP TIMES OF 2015

Arkansas Razorback Men's Cross Country

5,000-Meter Run

Name	Class	Date	Site	Time
Graham Brown	Fr.	09/1/15	Cowboy Preview - Stillwater, Okla.	16:11.70
Kyle Hosting	Jr.	09/1/15	Cowboy Preview - Stillwater, Okla.	16:38.50
Noah Findlay	Jr.	09/1/15	Cowboy Preview - Stillwater, Okla.	16:39.30
Aidan Swain	Jr.	09/1/15	Cowboy Preview - Stillwater, Okla.	17:17.40
Nick Costanza	So.	09/1/15	Cowboy Preview - Stillwater, Okla.	17:20.80

8,000-Meter Run

Name	Class	Date	Site	Time
Alex George	So.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	23:35.68
Frankline Tonui	Jr.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	23:38.24
Austen Dalquist	So.	10/17/15	Pre-Nationals - Louisville, Ky.	23:38.70
Christian Heymsfield	Jr.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	23:38.87
Gabe Gonzalez	Sr.	10/17/15	Pre-Nationals - Louisville, Ky.	23:50.9
Jack Bruce	So.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	24:04.2
Cale Wallace	Sr.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	24:14.40
Ethan Moehn	So.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	24:42.21
Kyle Hosting	Jr.	10/3/15	Chile Pepper Festival - Fayetteville, Ark.	24:42.5
Cameron Griffith	Fr.	10/17/15	Pre-Nationals - Louisville, Ky.	24:54.2

10,000-Meter Run

Name	Class	Date	Site	Time
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COACHES/SUPPORT STAFF



HEAD COACH - 8th Season
CHRIS BUCKNAM

SEC XC COACH OF THE YEAR
2010, 2011, 2012, 2013, 2014

NCAA TOP 20 FINISHES:
2013 - 12TH
2012 - 10TH
2010 - 10TH

NCAA XC ALL-AMERICANS:
2014 - Stanley Kebenei (6)
2013 - Stanley Kebenei (6)
2012 - Kemoy Campbell (17)
2010 - Dorian Ulrey (11)
Solomon Haile (17)
2009 - Dorian Ulrey (6)

Chris Bucknam is in his eighth season, coming off his fifth SEC Cross Country Title this fall. A veteran in the coaching ranks, Bucknam took the head coaching position at Arkansas on June 27, 2008, after a 25-year stint at Northern Iowa.

Following an SEC Cross Country Title, highlighted by individual SEC Champion Kemoy Campbell, the Razorbacks were led to their third NCAA South Central Regional Title under Bucknam's guidance. Stanley Kebenei led Arkansas to the Regional Title, becoming the second NCAA Regional Individual Champion with Bucknam at the helm.

Since assuming the head coaching position at Arkansas, Bucknam has enjoyed tremendous success in the form of 14 Southeastern Conference championships, four NCAA regional titles, and multiple All-Americans as well as individual SEC champions but all pale in comparison to the achievement of his 2013 indoor track squad who captured Bucknam's first and Arkansas' 41st NCAA title.

Along with the indoor title in 2013, Arkansas placed 10th at the NCAA Cross Country Championship and third at the outdoor meet allowing the program to claim its first John McDonnell Program of the Year award, named after the legendary Arkansas coach whom Bucknam took over for following his retirement.

The national recognition as the best program in the nation was no fluke as Bucknam and his staff have been building to that for several years. In 2011-12, Arkansas won the program's 13th SEC Triple Crown and the first with Bucknam at the helm. The Razorbacks duplicated the effort in 2012-13 giving them 11 league championships over the past five years. No other SEC school has more than two in that same time frame. For his part Bucknam has been named the SEC Coach of the Year 12 times and National Coach of the Year one time.

Nationally, Bucknam's guidance has led the Razorbacks to 14 top 10 finishes since his arrival in Fayetteville. His cross country squads have placed in the top 10 in twice in his tenure while track and field has 12 top 10s including two national runner-up finishes and a national title.

The Razorbacks capped last season with third-place finishes at both indoor and outdoor nationals and as the USTFCCA Scholar Program of Year.

A 23-year veteran of the Razorback cross country and track and field programs, Danny Green was a four-year letterwinner and All-American for Arkansas and is now entering his 19th season as the Director of Operations for the program.

In his role as the Director of Cross Country and Track and Field Operations, Green is responsible for a myriad of duties including facilitating the Razorbacks' equipment needs, management of all home competitions, the coordination of the Razorback coaches' recruiting efforts and the team's travel arrangements.

As a competitor for legendary coach John McDonnell's juggernaut of the late 80's and early 90s, Green earned All-America honors at 5,000 meters at the 1993 NCAA Outdoor Championship and was a member of nine Southwest Conference, six Southeastern Conference and 10 NCAA championship teams.

Over the course of Green's tenure with the Razorbacks, Arkansas has won 25 NCAA and 57 Southwest or Southeastern Conference titles. The team has also picked up 34 NCAA trophies and claimed three national triple crowns.

After exhausting his collegiate eligibility, Green had a brief career as a professional athlete before turning his attention locally as a counselor to troubled teens at Youth Bridge. He had the honor of representing the United States at the 1993 Ekiden Relay in Chiba, Japan.



DIRECTOR OF OPERATIONS
19th Season
DANNY GREEN

ARKANSAS[®]

CROSS COUNTRY

2015 RESULTS | MEN'S CROSS COUNTRY | @RAZORBACKTF

TEAM RESULTS

DATE	EVENT	SITE	DISTANCE	FINISH
Sept. 1, 2015	Cowboy Preview	Stillwater, Okla.	5,000 meters	4th of 4
Sept. 19, 2015	Iona Meet of Champions	New York, N.Y.	8,000 meters	2nd of 10
Oct. 3, 2015	Chile Pepper Invitational	Fayetteville, Ark.	8,000 meters	1st of 15
Oct. 17, 2015	Pre-Nationals	Louisville, Ky.	8,000 meters	3rd of 42
Oct. 30, 2015	SEC Championships	College Station, Texas	8,000 meters	
Nov. 13, 2015	NCAA South Central Regional	College Station, Texas	10,000 meters	
Nov. 21, 2015	NCAA Championships	Louisville, Ky.	10,000 meters	

COWBOY PREVIEW (5K)

Tuesday, Sept. 1, 2015

Stillwater, Okla.

OSU Cross Country Course

TEAM SCORES

1. Tulsa, 21 (2-3-4-5-7)
2. #17 ARKANSAS, 36 (1-6-8-10-11)

1. Oklahoma, 17 (1-2-3-5-6)
2. #17 ARKANSAS, 38 (4-7-8-9-10)

1. #4 Oklahoma State, 15 (1-2-3-4-5)
2. #17 ARKANSAS, 44 (6-8-9-10-11)

ARKANSAS RESULTS

9.	1, 4, 6	Graham Brown	16:11.7
17.	6, 7, 8	Kyle Hosting	16:38.5
19.	8, 8, 9	Noah Findlay	16:39.3
21.	10, 9, 10	Aidan Swain	17:17.4
22.	11, 10, 11	Nick Costanza	17:20.8

IONA MEET OF CHAMPIONS (8K)

Saturday, Sept. 19, 2015

New York, N.Y.

Van Cortlandt Park

TEAM SCORES (TOP FIVE)

1. #4 Wisconsin, 25 (3-4-5-6-7)
2. #17 ARKANSAS, 51 (1-2-15-16-17)
3. St. Josephs, 76 (9-11-14-19-23)
4. Vermont, 134 (10-20-29-33-42)
5. Richmond, 154 (8-22-30-37-57)

ARKANSAS RESULTS

1.	1	Frankline Tonui	25:59.30
2.	2	Christian Heymsfield	25:59.90
15.	3	Ethan Moehn	26:44.60
16.	4	Stephen Mugeche	26:45.00
17.	5	Graham Brown	26:46.40
18.	6	Kyle Hosting	26:52.80
26.	7	Noah Findlay	27:16.20

CHILE PEPPER FESTIVAL (8K)

Saturday, Oct. 3, 2015

Fayetteville, Ark.

Agri Park

TEAM SCORES (TOP FIVE) DIV. I SCORING

1. #15 ARKANSAS, 24 (2-3-4-7-8)
2. TULSA, 60 (1-11-13-15-20)
3. WICHITA STATE, 93 (6-17-18-21-31)
4. BAYLOR, 156 (14-26-33-40-43)
5. TEXAS TECH, 169 (16-24-36-41-52)

ARKANSAS RESULTS

2 3	1	Alex George	23:35.68
3 4	2	Frankline Tonui	23:38.68
4 5	3	Christian Heymsfield	23:38.87
7 12	4	Austen Dalquist	24:00.74
8 13	5	Jack Bruce	24:04.24
9 14	6	Gabe Gonzalez	24:07.25
12 20	7	Cale Wallace	24:14.40
40.		Ethan Moehn	24:42.21
41.		Kyle Hosting	24:42.54
66.		Cameron Griffith	25:11.20
73.		Aidan Swain	25:14.25
103.		Noah Findlay	25:38.46
140.		Graham Brown	25:56.03
211.		Nick Costanza	26:35.96

PRE-NATIONALS (8K)

Saturday, Oct. 17, 2015

Louisville, Ky.

E.P. 'Tom' Sawyer Park

TEAM SCORES (TOP FIVE)

1. #1 COLORADO, 89 (5-9-14-15-46)
2. #3 OREGON, 151 (2-24-29-40-56)
3. #T13 ARKANSAS, 164 (21-26-28-39-50)
4. #T13 UTEP, 197 (3-4-37-57-96)
5. #10 GEORGETOWN, 214 (6-19-48-70-71)

ARKANSAS RESULTS

21.	1	Austen Dalquist	23:38.70
26.	2	Frankline Tonui	23:43.10
28.	3	Christian Heymsfield	23:43.80
39.	4	Gabe Gonzalez	23:50.90
50.	5	Alex George	23:57.30
67.	6	Jack Bruce	24:07.10
113.	7	Cale Wallace	24:22.50

ARKANSAS RESULTS - OPEN RACE

5.	1	Cameron Griffith	24:54.20
6.	2	Stephen Mugeche	24:56.50
7.	3	Ethan Moehn	24:57.40
8.	4	Kyle Hosting	24:59.70
13.	5	Aidan Swain	25:15.40
15.	6	Graham Brown	25:19.20
39.	7	Noah Findlay	26:23.40

SEC CHAMPIONSHIPS (8K)

Friday, Oct. 30, 2015

College Station, Texas

Watts Cross Country Course

TEAM SCORES (TOP FIVE)**ARKANSAS RESULTS**

NCAA CHAMPIONSHIPS (10K)

Saturday, Nov. 21, 2015

Louisville, Ky.

E.P. 'Tom' Sawyer Park

TEAM SCORES (TOP FIVE)

ARKANSAS RESULTS