



2015 POSTSEASON SUPPLEMENT
ARKANSAS





This Week's Schedule:

NCAA Championships - 6K
EP 'Tom' Sawyer Park - Louisville, Ky.
Sat., Nov. 21 - 11:00 a.m.

Next Up:

Indoor Track & Field
Arkansas Invitational
Fri., Jan. 15

NCAA South Central Regional Championships

The Arkansas women's cross country team won their fifth-consecutive regional championship on Friday, Nov. 13. The Razorbacks dominated their opponents with a score of 40 points. Texas took the runner-up spot over SMU with a score of 105 points.

Dominique Scott became the fourth woman in program history to win back-to-back individual regional titles. Scott coasted through the course running a conservative 19:35.30 to take the win, still 15 seconds faster than the second place finisher.

Arkansas' top five was rounded out by Kaitlin Flattmann (fifth) 20:00.70, Regan Ward (10th) 20:21.20, Nikki Hiltz (11th) and Kelsey Schrader (13th) 20:25.80. Valerie Reina finished right next to Schrader in 14th with a time of 20:25.80 as well. Freshman, Rachel Nichwitz finished seventh for the Razorbacks in 21:07.60 to place 37th. The top six of Scott, Flattmann, Ward, Hiltz, Schrader and Reina all received All-Region honors. Scott was selected along with head coach Lance Harter as the South Central Athlete and Coach of the Year for the sweeping the awards for the second-consecutive season.

2015 Roster

Katie Adams	So.	Marengo, Ill. (Marengo HS/Oregon)
Safee Belbina	Fr.	Flower Mound, Texas (Flower Mound HS)
Logan Bishop	Jr.	Batesville, Ark. (Batesville HS)
Sydney Brown	R-Fr.	Double Oak, Texas (Marcus HS)
Devin Clark	Fr.	Spring Branch, Texas (Smithson Valley HS)
Sara Claycomb	Fr.	Warren, Ark. (Monticello HS)
Chandler Crumblish	So.	Fort Worth, Texas (Nolan Catholic HS)
Kaitlin Flattmann	R-Sr.	Benton, La. (Benton HS)
Therese Haiss	R-So.	Solon, Ohio (Solon HS/Oregon)
Gina Hauptman	R-So.	Colorado Springs, Colo. (Liberty HS)
Sabrina Herrmann	Fr.	Rancho Santa Margarita, Calif. (Trabuco Hills HS)
Nikki Hiltz	R-So.	Santa Cruz, Calif. (Aptos HS/Oregon)
Micah Huckabee	Fr.	Cabot, Ark. (Cabot HS)
Emily Jeacock	Fr.	Northampton, England (Marcus HS)
Kara Kalisz	R-So.	Oswego, Ill. (Rosary HS)
Grace Klausen	Fr.	Lee's Summit, Mo. (Blue Springs South HS)
Kristen Larkan	Fr.	Greenland, Ark. (Greenland HS)
Samantha Mohler	R-Jr.	Mountain Home, Ark. (Mountain Home HS)
Rachel Nichwitz	Fr.	Fishers, Ind. (Hamilton Southeastern HS)
Valerie Reina	R-Jr.	Tontitown, Ark. (Springdale Har-Ber HS)
Kailee Sawyer	Fr.	Ontario, Canada (Bluevale Collegiate Institute)
Kelsey Schrader	So.	Dekalb, Ill. (Dekalb HS)
Dominique Scott	R-Sr.	Capetown, South Africa (Rhenish Girls HS)
Autumn Sehy	Jr.	Texarkana, Texas (Texas HS)
Annika Sisson	R-Fr.	Kansas City, Mo. (Lee's Summit West HS)
Braelyn Smith	Fr.	Rogers, Ark. (Rogers HS)
Katie Tarver	R-Fr.	Germantown, Tenn. (Houston HS)
Grace Taylor	R-Fr.	Canton, Ohio (Jackson HS)
Abby Tedford	R-Fr.	Fairview, Texas (Lovejoy HS)
Claudia Verstraten	Fr.	Geelong Australia (Sacred Heart College)
Regan Ward	Jr.	Okmulgee, Okla. (Beggs HS)

2015 Schedule and Results:

9.1.15 Cowboy Preview Stillwater, Okla. 3K
Team Finish: **2nd of 4**
Top UA Finisher: **Kelsey Schrader (5th overall)**

9.12.15 UC Riverside Invitational Riverside, Calif. 6K
| 5K
Team Finish: **1st of 15 | 1st of 17**
Top UA Finisher: **Devin Clark (2nd - 6K) Claudia Verstraten (1st - 5K)**

9.19.15 MSSU Stampede Joplin, Mo. 5K
Team Finish: **1st of 25**
Top UA Finisher: **Sydney Brown (3rd overall)**

10.3.15 Chile Pepper Festival Fayetteville, Ark. 5K
Team Finish: **1st of 17**
Top UA Finisher: **Dominique Scott (1st overall)**

10.16.15 Wis. adidas Invitational Madison, Wis. 6K
Team Finish: **2nd of 36**
Top UA Finisher: **Dominique Scott (3rd overall)**

10.30.15 SEC Championships College Station, Texas 6K
Team Finish: **1st of 14**
Top UA Finisher: **Dominique Scott (1st overall)**

11.13.15 NCAA Reg. Champ. College Station, Texas 6K
Team Finish: **1st of 19**
Top UA Finisher: **Dominique Scott (1st overall)**

11.21.15 NCAA Championship Louisville, Ky. 6K
Team Finish:
Top UA Finisher:

Cross Country Quick Facts

Head Coach..... Lance Harter
Athletic Trainer..... Mark Hinton
Office Phone..... 479-575-6384
Office Fax..... 479-575-3716
Mailing Address..... 10 S. Razorback Road
John McDonnell Field
Fayetteville, AR 72701

Facility..... Razorback Cross Country Course
2014 SEC Finish..... 1st
2014 NCAA Regional Finish..... 1st
2014 NCAA Finish..... 5th

Athletic Media Relations

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Arkansas at NAAs:

NCAA All-Time Team Results

YEAR	CHAMPION	RUNNER-UP	ARKANSAS
1981	Virginia (36)	Oregon (83)	Did Not Compete
1982	Virginia (48)	Stanford (91)	16th, 424 pts.
1983	Oregon (95)	Stanford (98)	Indiv. only
1984	Wisconsin (63)	Stanford (89)	14th, 271 pts.
1985	Wisconsin (58)	Iowa State (98)	Indiv. only
1986	Texas (62)	Wisconsin (64)	10th
1987	Oregon (97)	NC State (99)	9th, 222 pts.
1988	Kentucky (75)	Oregon (128)	15th, 299 pts.
1989	Villanova (99)	Kentucky (168)	Indiv. only
1990	Villanova (82)	Providence (172)	6th, 224 pts.
1991	Villanova (85)	ARKANSAS (168)	2nd, 168 pts.
1992	Villanova (123)	ARKANSAS (130)	2nd, 130 pts.
1993	Villanova (66)	ARKANSAS (71)	2nd, 71 pts.
1994	Villanova (75)	Michigan (108)	3rd, 110 pts.
1995	Providence (68)	Colorado (123)	12th, 324 pts.
1996	Stanford (101)	Villanova (106)	14th, 347 pts.
1997	Brigham Young (100)	Stanford (102)	13th, 311 pts.
1998	Villanova (106)	Brigham Young (110)	6th, 311 pts.
1999	Brigham Young (72)	ARKANSAS (125)	2nd, 125 pts.
2000	Colorado (117)	Brigham Young (167)	13th, 365 pts.
2001	Brigham Young (62)	NC State (148)	17th, 460 pts.
2002	Brigham Young (85)	Stanford (113)	7th, 251 pts.
2003	Stanford (120)	Brigham Young (128)	Indiv. only
2004	Colorado (63)	Duke (144)	16th, 400 pts.
2005	Stanford (146)	Colorado (181)	19th, 444 pts.
2006	Stanford (195)	Colorado (223)	5th, 286 pts.
2007	Stanford (145)	Oregon (177)	13th, 407 pts.
2008	Washington (79)	Oregon (131)	15th, 404 pts.
2009	Villanova (86)	Florida State (133)	Indiv. only
2010	Villanova (120)	Florida State (154)	Indiv. only
2011	Georgetown (162)	Washington (170)	14th, 375 pts.
2012	Oregon (114)	Providence (183)	18th, 449 pts.
2013	Colorado (149)	Northern Arizona (169)	12th, 340 pts.
2014	Michigan State (85)	Iowa State (147)	5th, 209 pts.

2014 saw Arkansas narrowly miss a podium finish as the Razorbacks were edged out by fourth place finisher Georgetown by a 20 point margin. Dominique Scott who finished 28th at the 2013 championships moved up into the top-10 finishing sixth for the Razorbacks to earn her second All-American honor.

Balancing a leadership role and her own goals this season Scott has succeeded in accomplishing personal and team victories simultaneously.

The Razorbacks began the season at No. 10 with everyone wondering what to expect out of a team that returned only one from their top-five. Scott along with fellow redshirt senior Kaitlin Flattmann guided their young teammates to six first place team finishes. The two seniors were assisted by a strong performances from freshman Devin Clark who earned to SEC weekly accolades in her first year.

Clark who rested during the regional meet will be running on fresh legs at nationals and is primed to help get Arkansas back on the podium for the first time since 1999.

Already the 5K record-holder for the program, Scott will look to accomplish another goal and become the first woman in program history to win an individual title. Currently the highest finishes belong to Deena Drossin Kas-tor and Amy Yoder Begley who both finished second at the national meet.

SEC Championship Results Since 1991

Year (Site)	Team Champion	Pts.	Runner-up	Pts.	Individual Champion	Distance	Time
1991 (Athens, Ga.)	Arkansas	30	Georgia	80	Deena Drossin, AR	5K	17:40.00
1992 (Lexington, Ky.)	Arkansas	52	Alabama	80	Deena Drossin, AR	5K	18:06.80
1993 (Baton Rouge, La.)	Arkansas	37	Alabama	83	Becki Wells, UA	5K	16:54.00
1994 (Fayetteville, Ark.)	Arkansas	31	Alabama	80	Megan Flowers, AR	5K	17:01.30
1995 (Starkville, Miss.)	Arkansas	40	Auburn	46	Becki Wells, UF	5K	17:16.00
1996 (Oxford, Miss.)	Florida	52	Arkansas	77	Becki Wells, UF	5K	17:04.70
1997 (Columbia, S.C.)	Florida	37	Arkansas	68	Amy Yoder, AR	5K	16:56.80
1998 (Maryville, Tenn.)	Arkansas	25	Florida	48	Amy Yoder, AR	5K	16:52.22
1999 (Nashville, Tenn.)	Arkansas	15	Florida	96	Amy Yoder, AR	5K	16:54.00
2000 (Tuscaloosa, Ala.)	Arkansas	43	Georgia	74	Lilli Kleinmann, AR	6K	20:11.08
2001 (Auburn, Ala.)	Arkansas	35	Tennessee	71	Andreina Byrd, AR	6K	19:07.29
2002 (Gainesville, Fla.)	Arkansas	39	Kentucky	78	Christin Wurth, AR	6K	21:04.87
2003 (Athens, Ga.)	Tennessee	57	Georgia	95	Angela Homan, AU	6K	21:49.76
2004 (Fayetteville, Ark.)	Tennessee	55	Arkansas	57	Angela Homan, AU	6K	20:25.92
2005 (Columbia, S.C.)	Tennessee	48	Arkansas	51	Angela Homan, AU	6K	19:40.00
2006 (Baton Rouge, La.)	Arkansas	17	Georgia	64	Brooke Upshaw, AR	6K	20:14.90
2007 (Lexington, Ky.)	Arkansas	39	Tennessee	84	Sarah Madebach, UG	6K	20:49.11
2008 (Starkville, Miss.)	Arkansas	46	Florida	53	Catherine White, AR	6K	20:07.26
2009 (Oxford, Miss.)	Florida	24	Tennessee	80	Rebecca Lowe, UF	6K	20:57.35
2010 (Columbia, S.C.)	Florida	61	Arkansas	61	Kristie Krueger, UG	6K	20:41.25
2011 (Maryville, Tenn.)	Vanderbilt	30	Arkansas	61	Kristen Gillespie, AR	6K	20:19.84
2012 (Nashville, Tenn.)	Florida	61	Arkansas	70	Cally Macumber, UK	6K	20:23.29
2013 (Gainesville, Fla.)	Arkansas	32	Texas A&M	123	Dominique Scott, AR	6K	20:02.81
2014 (Tuscaloosa, Ala.)	Arkansas	32	Vanderbilt	85	Dominique Scott, AR	6K	19:22.74
2015 (College Station, Texas)	Arkansas	38	Mississippi St	95	Dominique Scott, AR	6K	19:23.60



ARKANSAS ALL-AMERICANS

Londa Bevins
2002

Coming to Arkansas following her freshman year, Bevins was outstanding her senior year. She finished 26th overall to help Arkansas finish seventh at the NCAA meet. A three-time all-SEC performer in cross country, Bevins was also a three-time All-American in track.

**Michelle Byrne**
1991

A transfer from Texas A&M, Byrne's 28th-place finish in 1991 was the best to that date by a UA freshman at the NCAA meet. She was the first cross country freshman All-American during the NCAA era and the highest freshman finisher since Jody Rittenhouse's 19th at the 1978 AIAW.

**Jessica Dailey**
1998, 1999

A sophomore transfer to Arkansas, Dailey earned her first All-America honor under her maiden name of Koch as a junior for her 10th place finish at the NCAAs. As a senior, she placed 20th in cross country. A 12-time All-American in track, she was Arkansas' first national top 10 finalist for the NCAA Woman of the Year.

**Deena Drossin**
1992, 1993, 1994

Drossin set the all-time best finish - NCAA runner-up in 1992 - and was the first three-time All-American at Arkansas. One of only four women to win two SEC cross country titles, she was the first female to win them back to back. Overall, she is an eight-time All-American with seven SEC running titles.

**Pauline Durran**
1992

With three NCAA appearances to her name, Durran saved her best for last with a 15th-place run at the 1992 Championship.

**Megan Flowers**
1993, 1994, 1995

SEC Champion in 1994 and runner-up in a photo finish in 1995, Flowers has the third highest cross country finish - 4th in 1994 - and closed her career as the winningest runner (nine meet titles) in school history. For her running career, she has 10 All-America honors.

**Kristen Gillespie**
2011

The NCAA Northeast Region champion at Boston Univ. as a freshman, Kleinmann transferred to Arkansas and became the nation's No. 3 finisher at the 1999 NCAA. The 1999 and 2000 NCAA South Central champion, she won five straight meets in 2000 before finishing 10th at NCAAs.

**Lilli Kleinmann**
1999, 2000

The NCAA Northeast Region champion at Boston Univ. as a freshman, Kleinmann transferred to Arkansas and became the nation's No. 3 finisher at the 1999 NCAA. The 1999 and 2000 NCAA South Central champion, she won five straight meets in 2000 before finishing 10th at NCAAs.

**Claire Lavers**
1990

A two-year transfer to Arkansas from Loughborough, Lavers was 17th in 1990 and missed a second All-America honor by one place in 1991. UA's 10,000 meter record-holder (32:58.2), and a first-team GTE Academic All-American, Lavers graduated with a perfect 4.00 GPA at UA.

**Jackie Mota**
1989

Mota is the only Razorback to earn All-America honors as an individual entry with her 20th-place finish at the 1989 meet. Mota is important to Razorback history because her run in 1989 insured the unbroken string of NCAA appearances. She was the first Razorback to earn four all-conference honors in cross country.

**Sarah Schwald**
1993, 1994

A foot injury limited Schwald to two effective cross country seasons, but she turned in a pair of 14th-place finishes. Better known for her track performances, she was the 1995 NCAA Indoor 3,000 Champion and a combined eight-time All-American.

**Melody Sye**
1986, 1987

Melody Sye set the standard by which cross country athletes are measured at Arkansas. The first two-time All-American in cross country, she led her team to the first league title in any women's sport at UA and two top 10 finishes at the NCAAs.

**Shelley Taylor**
1992, 1993

Although at Arkansas only two seasons, Taylor placed her name in the record books for the highest freshman finish at the national meet, placing 13th in 1992. Her best finish came as a sophomore, ninth.

**Brooke Upshaw**
2006

Upshaw completed one of the greatest freshman seasons in Razorback history in 2006. Finishing 37th at the NCAA Championships to earn her All-America honor, she also earned an all-region certificate and became the first freshman since Deena Drossin to win the SEC individual title.

**Christin Wurth**
2002

Ending her career as the winningest cross country runner in Razorback history, Wurth defeated 3,482 runners in her four years and owns the second fastest 6,000-meter time in UA history. As a senior Wurth earned All-America honors for her 19th-place finish.

**Amy Yoder Begley**
1996, 1997, 1998, 1999

Yoder Begley is the first Honda Award winner in SEC history, and became the first woman in school history to earn four All-America honors in cross country. She is the first woman in SEC history to win three consecutive league titles. A 15-time All-American, she was the 2001 SEC Female Athlete of the Year.





TOP TIMES OF 2015

3,000-Meter Run

Name	Class	Date	Site	Time
Kelsey Schrader	So.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:36.70
Safee Belbina	Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:39.10
Sydney Brown	R-Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:40.10
Rachel Nichwitz	Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:44.10
Samantha Mohler	R-Jr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:00.30
Sabrina Herrmann	Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:06.50
Logan Bishop	Jr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:24.40
Grace Taylor	R-Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:34.40

5,000-Meter Run

Name	Class	Date	Site	Time
Dominique Scott	Sr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:07.18
Devin Clark	Fr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:28.56
Kaitlin Flattmann	Sr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:38.81
Regan Ward	Jr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:39.98
Kelsey Schrader	So.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:45.20
Valerie Reina	Jr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:54.59
Safee Belbina	Fr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	17:01.53
Nikki Hiltz	R-So.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	17:04.48
Sydney Brown	R-Fr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	17:06.16
Claudia Verstraten	Fr.	09/19/15	Missouri Southern Stampede - Joplin, Mo.	17:10.33

6,000-Meter Run

Name	Class	Date	Site	Time
Dominique Scott	R-Sr.	10/30/15	SEC Championships - College Station, Texas	19:23.60
Kaitlin Flattmann	R-Sr.	10/30/15	SEC Championships - College Station, Texas	20:00.7
Devin Clark	Fr.	10/16/15	Wisconsin adidas Invitational - Madison, Wis.	20:07.3
Valerie Reina	R-Jr.	10/30/15	SEC Championships - College Station, Texas	20:20.10
Regan Ward	Jr.	10/30/15	SEC Championships - College Station, Texas	20:21.00
Kelsey Schrader	So.	10/30/15	SEC Championships - College Station, Texas	20:21.90
Nikki Hiltz	R-So.	11/13/15	NCAA Regionals - College Station, Texas	20:22.10
Sydney Brown	R-Fr.	10/30/15	SEC Championships - College Station, Texas	20:30.3
Safee Belbina	Fr.	10/30/15	SEC Championships - College Station, Texas	20:53.4
Rachel Nichwitz	Fr.	10/30/15	SEC Championships - College Station, Texas	21:07.50

ARKANSAS EIGHT



Sydney Brown



Devin Clark



Kaitlin Flattmann



Nikki Hiltz



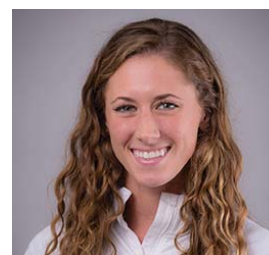
Valerie Reina



Kelsey Schrader



Dominique Scott



Regan Ward



COACHES/SUPPORT STAFF



HEAD COACH - 26th Season
LANCE HARTER

SEC XC COACH OF THE YEAR
1991, 1992, 1993, 1994, 1995
1998, 1999, 2000, 2001, 2002
2006, 2007, 2008
2013, 2014, 2015

NCAA TOP 10 FINISHES:

1991 - 2ND
1992 - 2ND
1993 - 2ND
1994 - 3RD
1998 - 6TH
1999 - 2ND
2002 - 7TH
2006 - 5TH
2014 - 5TH

The most successful coach in University of Arkansas and Southeastern Conference women's cross country and track and field history, Lance Harter is in his 26th year at the helm of the Razorback program. Harter's individual honors include four-time National Coach of the Year and 24-time SEC Coach of the Year accolades. His Razorbacks have racked up 18 NCAA event titles, 149 SEC event titles and 395 All-America certificates through the 2015 outdoor season.

In recognition of his standout career and accomplishments, Harter was inducted into the USTFCCCA Coaches Hall of Fame on December 15, 2014, at the organization's convention in Phoenix. He is also a member of the Arkansas Sports Hall of Honor, Mt. SAC Relays Hall of Fame and Cal Poly Hall of Fame.

During his tenure, Arkansas has collected 11 NCAA podium (top four) finishes including the 2015 NCAA Indoor Championships team title and four national runner-up performances in cross country. Harter has also guided his team to 25 SEC titles (15 cross country, five indoor track and five outdoor track) including six of the last eight conference championships dating back to the 2013 SEC indoor meet. His title haul at Arkansas also includes 19 NCAA Regional Championships in cross country.

In winning the 2015 NCAA indoor team crown, Harter and the Razorbacks secured the first-ever national title by any women's program at the University of Arkansas. With its 63 points, Arkansas scored the third-highest team total in meet history and scored in each of the 15 events it had entries. The 2015 indoor season marked another first for the Razorback women when the program received its first-ever No. 1 ranking when the USTFCCCA released the Feb. 16 national poll.

Overall, Harter has guided Arkansas to 29 top-10 NCAA finishes (10 cross country, 12 indoor track and seven outdoor) in his tenure including 16 top-five performances. Through the 2015 outdoor season, the Razorbacks have finished third or better in 78 percent (56 of 72) of SEC Championship meets under his watch. Arkansas has never finished lower than third at an SEC cross country meet.

Former Razorback track All-American Megan (Jackson) Elliott re-joined the Arkansas cross country/track coaching staff as Director of Operations in August 2014 after a brief one-year stint as an assistant coach at IUPUI. The Middlebury, Ind., native will assist Head Coach Lance Harter in all facets of leading the program, including training, recruiting, fund raising and academic oversight.

Elliott earned her B.S.E. in Kinesiology in 2010, majoring in P-12 Teaching Physical Education from the University of Arkansas and also completed her Master's degree in Kinesiology/Exercise Science from the U of A in 2013 after serving as a graduate assistant. As a GA with the Hogs, Elliott was involved in practice structuring, individual workouts and on-campus recruiting. She was also heavily involved with the University of Arkansas Track Camps.

She earned All-American honors in the steeplechase in 2008 and was an Academic All-American throughout her college career. She also served on the Arkansas Student-Athlete Advisory Committee (SAAC) and was a two-time team captain for both the cross country and track programs.

She earned SEC All-Academic First Team accolades every year of her collegiate career as well as being named to the Athletic Director's Honor Roll all four years. She was also involved in the Fayetteville community, participating with the Arkansas Athletes Outreach (AAO) and Sweat Hogs program. She also took part in the Lee Spencer Cup, given annually to the Arkansas team which demonstrates the strongest commitment to life skills initiatives, academic success and athletic excellence.



DIRECTOR OF OPERATIONS
2nd Season
MEGAN ELLIOTT

ARKANSAS®

CROSS COUNTRY

2015 RESULTS | WOMEN'S CROSS COUNTRY | @RAZORBACKTF

TEAM RESULTS

DATE	EVENT	SITE	DISTANCE	FINISH
Sept. 1, 2015	Cowboy Preview	Stillwater, Okla.	3,000 meters	2nd of 4
Sept. 12, 2015	UC Riverside Invitational	Riverside, Calif.	6,000 and 5,000	1st of 15 1st of 17
Sept. 19, 2015	Missouri Southern Stampede	Joplin, Mo.	5,000 meters	1st of 25
Oct. 3, 2015	Chile Pepper Invitational	Fayetteville, Ark.	5,000 meters	1st of 17
Oct. 16, 2015	Wisconsin Adidas Invitational	Madison, Wis.	6,000 meters	2nd of 36
Oct. 30, 2015	SEC Championships	College Station, Texas	6,000 meters	1st of 14
Nov. 13, 2015	NCAA South Central Regional	College Station, Texas	6,000 meters	
Nov. 21, 2015	NCAA Championships	Louisville, Ky.	6,000 meters	

COWBOY PREVIEW (3K)

Tuesday, Sept. 1, 2015

Stillwater, Okla.

OSU Cross Country Course

TEAM SCORES

1. #9 ARKANSAS, 15 (1-2-3-4-5)

2. Tulsa, 47 (7-8-9-11-12)

1. #9 ARKANSAS, 16 (1-2-3-4-6)

2. Oklahoma, 43 (5-7-9-10-12)

1. #30 Oklahoma State, 18 (1-2-3-4-8)

2. #9 ARKANSAS, 37 (5-6-7-9-10)

ARKANSAS RESULTS

5.	1, 1, 5	Kelsey Schrader	10:36.7
6.	2, 2, 6	Safee Belbina	10:39.1
7.	3, 3, 7	Sydney Brown	10:40.1
9.	4, 4, 9	Rachel Nichwitz	10:44.1
11.	5, 6, 10	Samantha Mohler	11:00.3
14.		Sabrina Herrmann	11:06.5
20.		Annika Sisson	11:13.7
24.		Logan Bishop	11:24.4
27.		Grace Taylor	11:34.4

UC RIVERSIDE INVITATIONAL (5K)

Saturday, Sept. 12, 2015

Riverside, Calif.

Ag/Ops Course

TEAM SCORES (TOP FIVE) – 6K

1. #9 ARKANSAS, 27 (2-4-6-7-8)

2. UC DAVIS, 86 (3-9-21-23-30)

3. UC SANTA BARBARA, 128 (22-24-26-27-29)

4. UC RIVERSIDE, 135 (13-14-32-33-43)

5. SAN DIEGO STATE, 149 (11-17-35-36-50)

TEAM SCORES (TOP FIVE) – 5K

1. #9 ARKANSAS, 21 (1-2-3-7-8)

2. CAL POLY POMONA, 76 (5-10-13-21-27)

3. CAL STATE SAN MARCOS, 77 (12-14-15-17-19)

4. CAL BAPTIST, 103 (9-18-23-24-29)

5. POMONA-PITZER, 170 (4-33-40-41-52)

ARKANSAS RESULTS – 6K

2.	1	Devin Clark	20:39.00
4.	2	Regan Ward	20:40.30
6.	3	Valerie Reina	20:49.10
7.	4	Kelsey Schrader	20:55.30
8.	5	Kaitlin Flattmann	20:57.30

10.	6	Safee Belbina	21:03.00
25.	7	Samantha Mohler	21:42.50

ARKANSAS RESULTS – 5K

1.	1	Claudia Verstraten	17:32.10
2.	2	Sydney Brown	17:32.50
3.	3	Rachel Nichwitz	17:33.80
7.	4	Nikki Hiltz	17:53.70
8.	5	Therese Haiss	18:05.20
11.	6	Sabrina Herrmann	18:19.20

MISSOURI SOUTHERN STAMPEDE (5K)

Saturday, Sept. 19, 2015

Joplin, Mo.

Missouri Southern State Cross Country Course

TEAM SCORES (TOP FIVE)

1. **#9 ARKANSAS, 34 (3-4-8-9-10)**
2. UC SAN DIEGO, 89 (13-15-18-21-22)
3. SOUTHWEST BAPTIST, 132 (5-6-26-44-51)
4. DALLAS BAPTIST, 136 (1-20-29-31-55)
5. OKLAHOMA BAPTIST, 137 (7-17-36-37-40)

ARKANSAS RESULTS

3.	1	Sydney Brown	17:08.17
4.	2	Claudia Verstraten	17:10.33
8.	3	Nikki Hiltz	17:25.20
9.	4	Rachel Nichwitz	17:30.78
10.	5	Samantha Mohler	17:34.05
12.	6	Therese Haiss	17:35.82
16.	7	Annika Sisson	17:50.44
	8	Sabrina Herrmann	17:57.60
	9	Logan Bishop	18:15.16
	10	Grace Taylor	18:18.73

CHILE PEPPER FESTIVAL (5K)

Saturday, Oct. 3, 2015

Fayetteville, Ark.

Agri Park

TEAM SCORES (TOP FIVE)

1. **#10 ARKANSAS, 18 (1-2-4-5-6)**
2. ABILENE CHRISTIAN, 99 (3-9-21-28-38)
3. TULSA, 113 (15-17-23-26-32)
4. WICHITA STATE, 120 (18-20-24-25-33)
5. TEXAS TECH, 160 (8-16-30-52-54)

ARKANSAS RESULTS

1.	1	Dominique Scott	16:07.18
2.	2	Devin Clark	16:28.56
4/5	3	Kaitlin Flattmann	16:38.81
5/6	4	Regan Ward	16:39.98
6/8	5	Kelsey Schrader	16:45.20
10/13	6	Valerie Reina	16:54.59
12/17		Safee Belbina	17:01.53
20.		Nikki Hiltz	17:04.48
22.		Sydney Brown	17:06.16
29.		Rachel Nichwitz	17:14.90
38.		Claudia Verstraten	17:27.60
53.		Therese Haiss	17:44.62
73.		Logan Bishop	18:04.45
107.		Grace Taylor	18:26.98
148.		Sabrina Herrmann	18:44.03

WISCONSIN ADIDAS INVITATIONAL (6K)

Friday, Oct. 16, 2015

Madison, Wis.

Thomas Zimmer Championship Course

TEAM SCORES (TOP FIVE)

1. **#1 NEW MEXICO, 32 (4-5-6-7-10)**
2. **#11 ARKANSAS, 188 (3-18-43-46-78)**
3. **#17 VIRGINIA, 217 (20-22-28-72-75)**
4. **#12 NC STATE, 240 (13-38-54-66-69)**
5. **#3 PROVIDENCE, 264 (8-31-42-58-125)**

ARKANSAS RESULTS

3.	1	Dominique Scott	19:32.50
18.	2	Devin Clark	20:07.30
43	3	Kaitlin Flattmann	20:28.00
46	4	Kelsey Schrader	20:28.70
78	5	Regan Ward	20:46.70
133	6	Valerie Reina	21:18.90
216	7	Safee Belbina	22:11.30

ARKANSAS RESULTS – B RACE

1.	1	Nikki Hiltz	20:53.40
3.	2	Sydney Brown	21:02.00
5.	3	Samantha Mohler	21:12.10
6.	4	Therese Haiss	21:12.30
16.	5	Rachel Nichwitz	21:37.80
34.	6	Annika Sisson	22:21.20

SEC CHAMPIONSHIPS (6K)

Friday, Oct. 30, 2015

College Station, Texas

Watts Cross Country Course

TEAM SCORES (TOP FIVE)

1. #4 ARKANSAS, 38 (1-6-8-11-12)
2. #13 MISSISSIPPI STATE, 95 (9-17-22-23-24)
3. #26 VANDERBILT, 112 (3-19-26-30-34)
4. ALABAMA, 143 (7-16-39-40-41)
5. OLE MISS, 147 (10-27-33-35-42)

ARKANSAS RESULTS

1.	1	Dominique Scott	19:23.60
6.	2	Kaitlin Flattmann	20:00.70
8.	3	Devin Clark	20:12.80
11.	4	Valerie Reina	20:20.10
12.	5	Regan Ward	20:21.00
13.	6	Kelsey Schrader	20:21.90
20.	7	Sydney Brown	20:30.30
33.	8	Safee Belbina	20:53.40
34.	9	Nikki Hiltz	20:57.10
42.	10	Rachel Nichwitz	21:07.50
50.	11	Samantha Mohler	21:21.50
81.	12	Therese Haiss	21:52.70

NCAA SOUTH CENTRAL REGION (6K)

Friday, Nov. 13, 2015

College Station, Texas

Watts Cross Country Course

TEAM SCORES (TOP FIVE)

1. #3 ARKANSAS, 40 (1-5-10-11-13)
2. TEXAS, 105 (15-16-17-25-32)
3. SMU, 132 (9-19-27-38-39)
4. BAYLOR, 134 (2-7-26-43-56)
5. RICE, 145 (3-24-34-36-48)

ARKANSAS RESULTS

1.	1	Dominique Scott	19:35.30
5.	2	Kaitlin Flattmann	20:00.70
10.	3	Regan Ward	20:21.20
11.	4	Nikki Hiltz	20:22.10
13 14	5	Kelsey Schrader	20:25.80
14 15	6	Valerie Reina	20:25.80
37 40	7	Rachel Nichwitz	21:07.60

NCAA CHAMPIONSHIPS (6K)

Saturday, Nov. 21, 2015

Louisville, Ky.

E.P. 'Tom' Sawyer Park

TEAM SCORES (TOP FIVE)**ARKANSAS RESULTS**