



2015 POSTSEASON SUPPLEMENT  
**ARKANSAS**





## This Week's Schedule:

NCAA Reg. Championships - 6K  
Watts XC Course - College Station, Texas  
Fri., Nov. 13 - 10:00 a.m.

## Next Up:

NCAA Championships - 6K  
EP 'Tom' Sawyer Park - Louisville, Ky.  
Sat., Nov. 21 - 11:00 a.m.

## SEC Championships

Arkansas had another succesful outing winning their third-consecutive SEC championship on the Dale Watts Cross Country Course at Texas A&M.

Dominique Scott was the top overall finisher claiming her third individual conference title in 19:23.60. Her performance was one for the history books as she became the first runner to ever win three consecutive solo and individual Southeastern conference titles.

It took a team effort to win the championships. Kaitlin Flattmann and Devin Clark joined Scott in the top-10 finishing sixth and eighth respectively. Flattmann ran one of the best races of her career running a personal best of 20:00.70 in the 6K. Clark continued her strong first year crossing the line as the third best freshman in the conference in 20:12.80.

Valerie Reina (11th), Regan Ward (12th), Kelsey Schrader (13th) and Sydney Brown (20th) completed the top seven finishers for the Razorbacks securing the team win over Mississippi State with a score of 38 points between the first five.

## 2015 Roster

Katie Adams	So.	Marengo, Ill. (Marengo HS/Oregon)
Safee Belbina	Fr.	Flower Mound, Texas (Flower Mound HS)
Logan Bishop	Jr.	Batesville, Ark. (Batesville HS)
Sydney Brown	R-Fr.	Double Oak, Texas (Marcus HS)
Devin Clark	Fr.	Spring Branch, Texas (Smithson Valley HS)
Sara Claycomb	Fr.	Warren, Ark. (Monticello HS)
Chandler Crumblish	So.	Fort Worth, Texas (Nolan Catholic HS)
Kaitlin Flattmann	R-Sr.	Benton, La. (Benton HS)
Therese Haiss	R-So.	Solon, Ohio (Solon HS/Oregon)
Gina Hauptman	R-So.	Colorado Springs, Colo. (Liberty HS)
Sabrina Herrmann	Fr.	Rancho Santa Margarita, Calif. (Trabuco Hills HS)
Nikki Hiltz	R-So.	Santa Cruz, Calif. (Aptos HS/Oregon)
Micah Huckabee	Fr.	Cabot, Ark. (Cabot HS)
Emily Jeacock	Fr.	Northampton, England (Marcus HS)
Kara Kalisz	R-So.	Oswego, Ill. (Rosary HS)
Grace Klausen	Fr.	Lee's Summit, Mo. (Blue Springs South HS)
Kristen Larkan	Fr.	Greenland, Ark. (Greenland HS)
Samantha Mohler	R-Jr.	Mountain Home, Ark. (Mountain Home HS)
Rachel Nichwitz	Fr.	Fishers, Ind. (Hamilton Southeastern HS)
Valerie Reina	R-Jr.	Tontitown, Ark. (Springdale Har-Ber HS)
Kailee Sawyer	Fr.	Ontario, Canada (Bluevale Collegiate Institute)
Kelsey Schrader	So.	Dekalb, Ill. (Dekalb HS)
Dominique Scott	R-Sr.	Capetown, South Africa (Rhenish Girls HS)
Autumn Sehy	Jr.	Texarkana, Texas (Texas HS)
Annika Sisson	R-Fr.	Kansas City, Mo. (Lee's Summit West HS)
Braelyn Smith	Fr.	Rogers, Ark. (Rogers HS)
Katie Tarver	R-Fr.	Germantown, Tenn. (Houston HS)
Grace Taylor	R-Fr.	Canton, Ohio (Jackson HS)
Abby Tedford	R-Fr.	Fairview, Texas (Lovejoy HS)
Claudia Verstraten	Fr.	Geelong Australia (Sacred Heart College)
Regan Ward	Jr.	Okmulgee, Okla. (Beggs HS)

## 2015 Schedule and Results:

9.1.15 Cowboy Preview Stillwater, Okla. 3K  
Team Finish: **2nd of 4**  
Top UA Finisher: **Kelsey Schrader (5th overall)**

9.12.15 UC Riverside Invitational Riverside, Calif. 6K  
| 5K  
Team Finish: **1st of 15 | 1st of 17**  
Top UA Finisher: **Devin Clark (2nd - 6K) Claudia Verstraten (1st - 5K)**

9.19.15 MSSU Stampede Joplin, Mo. 5K  
Team Finish: **1st of 25**  
Top UA Finisher: **Sydney Brown (3rd overall)**

10.3.15 Chile Pepper Festival Fayetteville, Ark. 5K  
Team Finish: **1st of 17**  
Top UA Finisher: **Dominique Scott (1st overall)**

10.16.15 Wis. adidas Invitational Madison, Wis. 6K  
Team Finish: **2nd of 36**  
Top UA Finisher: **Dominique Scott (3rd overall)**

10.30.15 SEC Championships College Station, Texas 6K  
Team Finish: **1st of 14**  
Top UA Finisher: **Dominique Scott (1st overall)**

11.13.15 NCAA Reg. Champ. College Station, Texas 6K  
Team Finish:  
Top UA Finisher:

11.21.15 NCAA Championship Louisville, Ky. 6K  
Team Finish:  
Top UA Finisher:

## Cross Country Quick Facts

Head Coach..... Lance Harter  
Athletic Trainer..... Mark Hinton  
Office Phone..... 479-575-6384  
Office Fax..... 479-575-3716  
Mailing Address..... 10 S. Razorback Road  
John McDonnell Field  
Fayetteville, AR 72701

Facility..... Razorback Cross Country Course  
2014 SEC Finish..... 1st  
2014 NCAA Regional Finish..... 1st  
2014 NCAA Finish..... 5th

## Athletic Media Relations

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## SEC Notes

Dominique Scott has now earned SEC Runner of the Year through four straight seasons following her 2015 SEC sweep and her latest selection announced on Tuesday. Honored with that title five times over her career, three of those awards have come during cross country season.

Head coach Lance Hater was selected as the SEC Coach of the Year for the 16th time following his program's solid performance at the SEC Championships. The USTFCCCA Hall of Famer has now coached 15 individual champions to go along with the team's 16 titles.

## NCAA South Central Regional Championships

The Razorbacks head into the 2015 NCAA South Central Regional Championships as the strong favorites to win. With their national ranking ever changing throughout the season their regional rank remained a steadfast No. 1.

2014 saw Arkansas win their fourth-consecutive regional title at Agri Park in front of their home crowd. Dominique Scott became the first Razorback to win the individual crown since Andreina Byrd accomplished the feat in 2001. Scott looks to join an elite group of former Razorback distance runners Deena Drossin Kastor, Megan Flowers and Lilli Kleinmann who won back to back regional titles during their tenure at Arkansas.

The Razorbacks are the lone nationally ranked team in the region at No. 3. Per the most recent USTFCCCA regional polls the top five in the South Central Region includes: Arkansas (1), SMU (2), Rice (3), Texas (4) and Stephen F. Austin (5). Texas was the last team to win the title in 2010 prior to Arkansas' four year sweep.

## 6K Competition Entries:

Safee Belbina  
Sydney Brown  
Devin Clark  
Kaitlin Flattmann  
Therese Haiss  
Nikki Hiltz  
Samantha Mohler

Nichwitz Rachel  
Valerie Reina  
Kelsey Schrader  
Dominique Scott  
Regan Ward

## On Tap

Fresh off their third-consecutive SEC victory Arkansas returns to the same course on Friday, Nov. 13 to defend their NCAA South Central Regional crown. The Razorbacks look to win the 20th regional championships in program history in their final test before the national meet.

With very little turnaround following the regional meet, Arkansas will travel to Louisville, Ky. eight days later to compete at the 2015 NCAA Cross Country Championships which will kick-off at 11:00 a.m. CST.

Dominique Scott



Kaitlin Flattmann



## SEC Championship Results Since 1991

Year (Site)	Team Champion	Pts.	Runner-up	Pts.	Individual Champion	Distance	Time
1991 (Athens, Ga.)	Arkansas	30	Georgia	80	Deena Drossin, AR	5K	17:40.00
1992 (Lexington, Ky.)	Arkansas	52	Alabama	80	Deena Drossin, AR	5K	18:06.80
1993 (Baton Rouge, La.)	Arkansas	37	Alabama	83	Becki Wells, UA	5K	16:54.00
1994 (Fayetteville, Ark.)	Arkansas	31	Alabama	80	Megan Flowers, AR	5K	17:01.30
1995 (Starkville, Miss.)	Arkansas	40	Auburn	46	Becki Wells, UF	5K	17:16.00
1996 (Oxford, Miss.)	Florida	52	Arkansas	77	Becki Wells, UF	5K	17:04.70
1997 (Columbia, S.C.)	Florida	37	Arkansas	68	Amy Yoder, AR	5K	16:56.80
1998 (Maryville, Tenn.)	Arkansas	25	Florida	48	Amy Yoder, AR	5K	16:52.22
1999 (Nashville, Tenn.)	Arkansas	15	Florida	96	Amy Yoder, AR	5K	16:54.00
2000 (Tuscaloosa, Ala.)	Arkansas	43	Georgia	74	Lilli Kleinmann, AR	6K	20:11.08
2001 (Auburn, Ala.)	Arkansas	35	Tennessee	71	Andreina Byrd, AR	6K	19:07.29
2002 (Gainesville, Fla.)	Arkansas	39	Kentucky	78	Christin Wurth, AR	6K	21:04.87
2003 (Athens, Ga.)	Tennessee	57	Georgia	95	Angela Homan, AU	6K	21:49.76
2004 (Fayetteville, Ark.)	Tennessee	55	Arkansas	57	Angela Homan, AU	6K	20:25.92
2005 (Columbia, S.C.)	Tennessee	48	Arkansas	51	Angela Homan, AU	6K	19:40.00
2006 (Baton Rouge, La.)	Arkansas	17	Georgia	64	Brooke Upshaw, AR	6K	20:14.90
2007 (Lexington, Ky.)	Arkansas	39	Tennessee	84	Sarah Madebach, UG	6K	20:49.11
2008 (Starkville, Miss.)	Arkansas	46	Florida	53	Catherine White, AR	6K	20:07.26
2009 (Oxford, Miss.)	Florida	24	Tennessee	80	Rebecca Lowe, UF	6K	20:57.35
2010 (Columbia, S.C.)	Florida	61	Arkansas	61	Kristie Krueger, UG	6K	20:41.25
2011 (Maryville, Tenn.)	Vanderbilt	30	Arkansas	61	Kristen Gillespie, AR	6K	20:19.84
2012 (Nashville, Tenn.)	Florida	61	Arkansas	70	Cally Macumber, UK	6K	20:23.29
2013 (Gainesville, Fla.)	Arkansas	32	Texas A&M	123	Dominique Scott, AR	6K	20:02.81
2014 (Tuscaloosa, Ala.)	Arkansas	32	Vanderbilt	85	Dominique Scott, AR	6K	19:22.74
2015 (College Station, Texas)	Arkansas	38	Mississippi St	95	Dominique Scott, AR	6K	19:23.60



## TOP TIMES OF 2015

### 3,000-Meter Run

Name	Class	Date	Site	Time
Kelsey Schrader	So.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:36.70
Safee Belbina	Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:39.10
Sydney Brown	R-Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:40.10
Rachel Nichwitz	Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	10:44.10
Samantha Mohler	R-Jr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:00.30
Sabrina Herrmann	Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:06.50
Logan Bishop	Jr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:24.40
Grace Taylor	R-Fr.	09/01/15	Cowboy Preview - Stillwater, Okla.	11:34.40

### 5,000-Meter Run

Name	Class	Date	Site	Time
Dominique Scott	Sr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:07.18
Devin Clark	Fr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:28.56
Kaitlin Flattmann	Sr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:38.81
Regan Ward	Jr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:39.98
Kelsey Schrader	So.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:45.20
Valerie Reina	Jr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	16:54.59
Safee Belbina	Fr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	17:01.53
Nikki Hiltz	R-So.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	17:04.48
Sydney Brown	R-Fr.	10/03/15	Chile Pepper Festival - Fayetteville, Ark.	17:06.16
Claudia Verstraten	Fr.	09/19/15	Missouri Southern Stampede - Joplin, Mo.	17:10.33

### 6,000-Meter Run

Name	Class	Date	Site	Time
Dominique Scott	R-Sr.	10/30/15	SEC Championships - College Station, Texas	19:23.60
Kaitlin Flattmann	R-Sr.	10/30/15	SEC Championships - College Station, Texas	20:00.7
Devin Clark	Fr.	10/16/15	Wisconsin adidas Invitational - Madison, Wis.	20:07.3
Valerie Reina	R-Jr.	10/30/15	SEC Championships - College Station, Texas	20:20.10
Regan Ward	Jr.	10/30/15	SEC Championships - College Station, Texas	20:21.00
Kelsey Schrader	So.	10/30/15	SEC Championships - College Station, Texas	20:21.90
Sydney Brown	R-Fr.	10/30/15	SEC Championships - College Station, Texas	20:30.3
Nikki Hiltz	R-So.	10/16/15	Wisconsin adidas Invitational - Madison, Wis.	20:53.4
Safee Belbina	Fr.	10/30/15	SEC Championships - College Station, Texas	20:53.4
Rachel Nichwitz	Fr.	10/30/15	SEC Championships - College Station, Texas	21:07.50





## COACHES/SUPPORT STAFF



HEAD COACH - 26th Season  
LANCE HARTER

## SEC XC COACH OF THE YEAR

1991, 1992, 1993, 1994, 1995  
1998, 1999, 2000, 2001, 2002  
2006, 2007, 2008  
2013, 2014, 2015

## NCAA TOP 10 FINISHES:

1991 - 2ND  
1992 - 2ND  
1993 - 2ND  
1994 - 3RD  
1998 - 6TH  
1999 - 2ND  
2002 - 7TH  
2006 - 5TH  
2014 - 5TH

The most successful coach in University of Arkansas and Southeastern Conference women's cross country and track and field history, Lance Harter is in his 26th year at the helm of the Razorback program. Harter's individual honors include four-time National Coach of the Year and 24-time SEC Coach of the Year accolades. His Razorbacks have racked up 18 NCAA event titles, 149 SEC event titles and 395 All-America certificates through the 2015 outdoor season.

In recognition of his standout career and accomplishments, Harter was inducted into the USTFCCA Coaches Hall of Fame on December 15, 2014, at the organization's convention in Phoenix. He is also a member of the Arkansas Sports Hall of Honor, Mt. SAC Relays Hall of Fame and Cal Poly Hall of Fame.

During his tenure, Arkansas has collected 11 NCAA podium (top four) finishes including the 2015 NCAA Indoor Championships team title and four national runner-up performances in cross country. Harter has also guided his team to 25 SEC titles (15 cross country, five indoor track and five outdoor track) including six of the last eight conference championships dating back to the 2013 SEC indoor meet. His title haul at Arkansas also includes 19 NCAA Regional Championships in cross country.

In winning the 2015 NCAA indoor team crown, Harter and the Razorbacks secured the first-ever national title by any women's program at the University of Arkansas. With its 63 points, Arkansas scored the third-highest team total in meet history and scored in each of the 15 events it had entries. The 2015 indoor season marked another first for the Razorback women when the program received its first-ever No. 1 ranking when the USTFCCA released the Feb. 16 national poll.

Overall, Harter has guided Arkansas to 29 top-10 NCAA finishes (10 cross country, 12 indoor track and seven outdoor) in his tenure including 16 top-five performances. Through the 2015 outdoor season, the Razorbacks have finished third or better in 78 percent (56 of 72) of SEC Championship meets under his watch. Arkansas has never finished lower than third at an SEC cross country meet.

Former Razorback track All-American Megan (Jackson) Elliott re-joined the Arkansas cross country/track coaching staff as Director of Operations in August 2014 after a brief one-year stint as an assistant coach at IUPUI. The Middlebury, Ind., native will assist Head Coach Lance Harter in all facets of leading the program, including training, recruiting, fund raising and academic oversight.

Elliott earned her B.S.E. in Kinesiology in 2010, majoring in P-12 Teaching Physical Education from the University of Arkansas and also completed her Master's degree in Kinesiology/Exercise Science from the U of A in 2013 after serving as a graduate assistant. As a GA with the Hogs, Elliott was involved in practice structuring, individual workouts and on-campus recruiting. She was also heavily involved with the University of Arkansas Track Camps.

She earned All-American honors in the steeplechase in 2008 and was an Academic All-American throughout her college career. She also served on the Arkansas Student-Athlete Advisory Committee (SAAC) and was a two-time team captain for both the cross country and track programs.

She earned SEC All-Academic First Team accolades every year of her collegiate career as well as being named to the Athletic Director's Honor Roll all four years. She was also involved in the Fayetteville community, participating with the Arkansas Athletes Outreach (AAO) and Sweat Haws program. She also took part in the Lee Spencer Cup, given annually to the Arkansas team which demonstrates the strongest commitment to life skills initiatives, academic success and athletic excellence.



DIRECTOR OF OPERATIONS  
2nd Season  
MEGAN ELLIOTT

# ARKANSAS®

## CROSS COUNTRY

### 2015 RESULTS | WOMEN'S CROSS COUNTRY | @RAZORBACKTF

#### TEAM RESULTS

DATE	EVENT	SITE	DISTANCE	FINISH
Sept. 1, 2015	Cowboy Preview	Stillwater, Okla.	3,000 meters	2nd of 4
Sept. 12, 2015	UC Riverside Invitational	Riverside, Calif.	6,000 and 5,000	1st of 15   1st of 17
Sept. 19, 2015	Missouri Southern Stampede	Joplin, Mo.	5,000 meters	1st of 25
Oct. 3, 2015	Chile Pepper Invitational	Fayetteville, Ark.	5,000 meters	1st of 17
Oct. 16, 2015	Wisconsin Adidas Invitational	Madison, Wis.	6,000 meters	2nd of 36
Oct. 30, 2015	SEC Championships	College Station, Texas	6,000 meters	1st of 14
Nov. 13, 2015	NCAA South Central Regional	College Station, Texas	6,000 meters	
Nov. 21, 2015	NCAA Championships	Louisville, Ky.	6,000 meters	

#### COWBOY PREVIEW (3K)

Tuesday, Sept. 1, 2015

Stillwater, Okla.

OSU Cross Country Course

#### TEAM SCORES

1. #9 ARKANSAS, 15 (1-2-3-4-5)
2. Tulsa, 47 (7-8-9-11-12)

1. #9 ARKANSAS, 16 (1-2-3-4-6)
2. Oklahoma, 43 (5-7-9-10-12)

1. #30 Oklahoma State, 18 (1-2-3-4-8)
2. #9 ARKANSAS, 37 (5-6-7-9-10)

#### ARKANSAS RESULTS

5.	1, 1, 5	Kelsey Schrader	10:36.7
6.	2, 2, 6	Safee Belbina	10:39.1
7.	3, 3, 7	Sydney Brown	10:40.1
9.	4, 4, 9	Rachel Nichwitz	10:44.1
11.	5, 6, 10	Samantha Mohler	11:00.3
14.		Sabrina Herrmann	11:06.5
20.		Annika Sisson	11:13.7
24.		Logan Bishop	11:24.4
27.		Grace Taylor	11:34.4

#### UC RIVERSIDE INVITATIONAL (5K)

Saturday, Sept. 12, 2015

Riverside, Calif.

Ag/Ops Course

#### TEAM SCORES (TOP FIVE) – 6K

1. #9 ARKANSAS, 27 (2-4-6-7-8)
2. UC DAVIS, 86 (3-9-21-23-30)
3. UC SANTA BARBARA, 128 (22-24-26-27-29)
4. UC RIVERSIDE, 135 (13-14-32-33-43)
5. SAN DIEGO STATE, 149 (11-17-35-36-50)

#### TEAM SCORES (TOP FIVE) – 5K

1. #9 ARKANSAS, 21 (1-2-3-7-8)
2. CAL POLY POMONA, 76 (5-10-13-21-27)
3. CAL STATE SAN MARCOS, 77 (12-14-15-17-19)
4. CAL BAPTIST, 103 (9-18-23-24-29)
5. POMONA-PITZER, 170 (4-33-40-41-52)

#### ARKANSAS RESULTS – 6K

2.	1	Devin Clark	20:39.00
4.	2	Regan Ward	20:40.30
6.	3	Valerie Reina	20:49.10
7.	4	Kelsey Schrader	20:55.30
8.	5	Kaitlin Flattmann	20:57.30

10.	6	Safee Belbina	21:03.00
25.	7	Samantha Mohler	21:42.50

**ARKANSAS RESULTS – 5K**

1.	1	Claudia Verstraten	17:32.10
2.	2	Sydney Brown	17:32.50
3.	3	Rachel Nichwitz	17:33.80
7.	4	Nikki Hiltz	17:53.70
8.	5	Therese Haiss	18:05.20
11.	6	Sabrina Herrmann	18:19.20

**MISSOURI SOUTHERN STAMPEDE (5K)**

Saturday, Sept. 19, 2015

Joplin, Mo.

Missouri Southern State Cross Country Course

**TEAM SCORES (TOP FIVE)**

1. #9 ARKANSAS, 34 (3-4-8-9-10)
2. UC SAN DIEGO, 89 (13-15-18-21-22)
3. SOUTHWEST BAPTIST, 132 (5-6-26-44-51)
4. DALLAS BAPTIST, 136 (1-20-29-31-55)
5. OKLAHOMA BAPTIST, 137 (7-17-36-37-40)

**ARKANSAS RESULTS**

3.	1	Sydney Brown	17:08.17
4.	2	Claudia Verstraten	17:10.33
8.	3	Nikki Hiltz	17:25.20
9.	4	Rachel Nichwitz	17:30.78
10.	5	Samantha Mohler	17:34.05
12.	6	Therese Haiss	17:35.82
16.	7	Annika Sisson	17:50.44
	8	Sabrina Herrmann	17:57.60
	9	Logan Bishop	18:15.16
	10	Grace Taylor	18:18.73

**CHILE PEPPER FESTIVAL (5K)**

Saturday, Oct. 3, 2015

Fayetteville, Ark.

Agri Park

**TEAM SCORES (TOP FIVE)**

1. #10 ARKANSAS, 18 (1-2-4-5-6)
2. ABILENE CHRISTIAN, 99 (3-9-21-28-38)
3. TULSA, 113 (15-17-23-26-32)
4. WICHITA STATE, 120 (18-20-24-25-33)
5. TEXAS TECH, 160 (8-16-30-52-54)

**ARKANSAS RESULTS**

1.	1	Dominique Scott	16:07.18
2.	2	Devin Clark	16:28.56
4/5	3	Kaitlin Flattmann	16:38.81
5/6	4	Regan Ward	16:39.98
6/8	5	Kelsey Schrader	16:45.20
10/13	6	Valerie Reina	16:54.59
12/17		Safee Belbina	17:01.53
20.		Nikki Hiltz	17:04.48
22.		Sydney Brown	17:06.16
29.		Rachel Nichwitz	17:14.90
38.		Claudia Verstraten	17:27.60
53.		Therese Haiss	17:44.62
73.		Logan Bishop	18:04.45
107.		Grace Taylor	18:26.98
148.		Sabrina Herrmann	18:44.03

**WISCONSIN ADIDAS INVITATIONAL (6K)**

Friday, Oct. 16, 2015

Madison, Wis.

Thomas Zimmer Championship Course

**TEAM SCORES (TOP FIVE)**

1. #1 NEW MEXICO, 32 (4-5-6-7-10)
2. #11 ARKANSAS, 188 (3-18-43-46-78)
3. #17 VIRGINIA, 217 (20-22-28-72-75)
4. #12 NC STATE, 240 (13-38-54-66-69)
5. #3 PROVIDENCE, 264 (8-31-42-58-125)



**ARKANSAS RESULTS**

3.	1	Dominique Scott	19:32.50
18.	2	Devin Clark	20:07.30
43	3	Kaitlin Flattmann	20:28.00
46	4	Kelsey Schrader	20:28.70
78	5	Regan Ward	20:46.70
133	6	Valerie Reina	21:18.90
216	7	Safee Belbina	22:11.30

**ARKANSAS RESULTS – B RACE**

1.	1	Nikki Hiltz	20:53.40
3.	2	Sydney Brown	21:02.00
5.	3	Samantha Mohler	21:12.10
6.	4	Therese Haiss	21:12.30
16.	5	Rachel Nichwitz	21:37.80
34.	6	Annika Sisson	22:21.20

**SEC CHAMPIONSHIPS (6K)**

Friday, Oct. 30, 2015

College Station, Texas

Watts Cross Country Course

**TEAM SCORES (TOP FIVE)**

1. #4 ARKANSAS, 38 (1-6-8-11-12)
2. #13 MISSISSIPPI STATE, 95 (9-17-22-23-24)
3. #26 VANDERBILT, 112 (3-19-26-30-34)
4. ALABAMA, 143 (7-16-39-40-41)
5. OLE MISS, 147 (10-27-33-35-42)

**ARKANSAS RESULTS**

1.	1	Dominique Scott	19:23.60
6.	2	Kaitlin Flattmann	20:00.70
8.	3	Devin Clark	20:12.80
11.	4	Valerie Reina	20:20.10
12.	5	Regan Ward	20:21.00
13.	6	Kelsey Schrader	20:21.90
20.	7	Sydney Brown	20:30.30
33.	8	Safee Belbina	20:53.40
34.	9	Nikki Hiltz	20:57.10
42.	10	Rachel Nichwitz	21:07.50
50.	11	Samantha Mohler	21:21.50
81.	12	Therese Haiss	21:52.70

**NCAA SOUTH CENTRAL REGION (6K)**

Friday, Nov. 13, 2015

College Station, Texas

Watts Cross Country Course

**TEAM SCORES (TOP FIVE)****ARKANSAS RESULTS****NCAA CHAMPIONSHIPS (6K)**

Saturday, Nov. 21, 2015

Louisville, Ky.

E.P. 'Tom' Sawyer Park

**TEAM SCORES (TOP FIVE)****ARKANSAS RESULTS**