



ARKANSAS[®]

University of Arkansas — John McDonnell Invitational

Friday, April 22 — Saturday, April 23, 2016 - University of Arkansas John McDonnell Field

**Meet/Entry
Information:**

The John McDonnell Invitational is by invitation only
For Information contact: Danny Green
Phone: 479-575-2757 Email: dgreen@uark.edu

Entry Fees:

University Teams- \$300.00 per University per gender.
\$25.00 per individual.
High Schools \$50.00 per school per gender.
No unattached High School athletes are allowed.

Entry Procedure:

ALL ENTRYS must be done online at www.directathletics.com.
The entry deadline is 12:00pm, Tuesday, April 19, 2016.
****High school coaches 3 entries per team per event. ****

Packet Pick Up

Friday, April 22 at John McDonnell Field from 12:00pm-6:00pm.
Saturday, April 23 @ 9:00am.

Practice Schedule:

Friday, April 22, 9:00am – 12:00pm

Weigh-In:

Implements will be weighed in at the South concession stand
2hrs before the event starts.



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Event

Check-In:

Athletes in running events should report to the clerk's tent (located at the Southeast corner of John McDonnell Field) 20 min. before the start of competition. Athletes not checked in at this time will be scratched from competition.

Field event contestants need to check in with the head official at the site of the event. Athletes should arrive no later than 45 min. prior to the scheduled start time. . Athletes not checked in at this time will be scratched from competition.

**Electronic
Devices:**

All electronic devices will be disallowed in both the competition area and the clerk areas.

Trainers:

The University of Arkansas medical and training staff will be located in the training tent at the South end of John McDonnell Field. All visiting trainers are welcomed to set up in this area.

Results:

Results will be posted www.flashresults.com.

Meet

Schedule:

A finalized time schedule and start lists will be posted at www.flashresults.com on Wednesday, April 20, 2016 after 5:00pm.



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Tentative SCHEDULE

FRIDAY 4/22/16- FIELD EVENTS

1:00PM	DISCUS	UNIVERSITY MEN
3:30PM	LONG JUMP	UNIVERSITY MEN
3:30PM	LONG JUMP	HIGH SCHOOL BOYS
3:00PM	DISCUS	UNIVERSITY WOMEN
4:00PM	POLE VAULT	HIGH SCHOOL BOYS
4:30PM	HIGH JUMP	UNIVERSITY MEN
4:30PM	HIGH JUMP	HIGH SCHOOL BOYS
5:00PM	DISCUS	HIGH SCHOOL BOYS
5:30PM	LONG JUMP	UNIVERSITY WOMEN
5:30PM	LONG JUMP	HIGH SCHOOL GIRLS
6:00PM	DISCUS	HIGH SCHOOL GIRLS
6:00PM	POLE VAULT	HIGH SCHOOL GIRLS
6:30PM	HIGH JUMP	UNIVERSITY WOMEN
6:30PM	HIGH JUMP	HIGH SCHOOL GIRLS

RUNNING EVENTS

4:30pm	4X800M RELAY	HIGH SCHOOL GIRLS
4:45pm	4X800M RELAY	HIGH SCHOOL BOYS
5:00pm	100M H PRELIM	HIGH SCHOOL GIRLS
5:20pm	110M H PRELIM	HIGH SCHOOL BOYS
5:30pm	100M PRELIM	HIGH SCHOOL GIRLS
5:35pm	100M PRELIM	HIGH SCHOOL BOYS
5:45pm	400M DASH	HIGH SCHOOL GIRLS
5:50pm	400M DASH	HIGH SCHOOL BOYS
6:05pm	300M HURDLES	HIGH SCHOOL GIRLS
6:10pm	300M HURDLES	HIGH SCHOOL BOYS
6:20pm	200M PRELIMS	HIGH SCHOOL GIRLS
6:25pm	200M PRELIMS	HIGH SCHOOL BOYS
6:35pm	3200M	HIGH SCHOOL GIRLS
6:50pm	3200M	HIGH SCHOOL BOYS

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Tentative SCHEDULE

SATURDAY 4/23/16- FIELD EVENTS

9:30AM	HAMMER THROW	UNIVERSITY MEN
11:30AM	HAMMER THROW	UNIVERSITY WOMEN
2:00PM	POLE VAULT	UNIVERSITY MEN
3:00PM	TRIPLE JUMP	UNIVERSITY MEN
3:00PM	TRIPLE JUMP	HIGH SCHOOL BOYS
3:00PM	SHOT PUT	UNIVERSITY MEN
3:00PM	SHOT PUT	HIGH SCHOOL BOYS
5:30PM	TRIPLE JUMP	UNIVERSITY WOMEN
5:00PM	SHOT PUT	HIGH SCHOOL GIRLS
5:00PM	SHOT PUT	UNIVERSITY WOMEN
5:00PM	JAVELIN	UNIVERSITY MEN
5:30PM	TRIPLE JUMP	HIGH SCHOOL GIRLS
5:30PM	POLE VAULT	UNIVERSITY WOMEN
6:00PM	JAVELIN	UNIVERSITY WOMEN

RUNNING EVENTS

2:00PM	100M HURDLE PRELIM	UNIVERSITY WOMEN
3:00PM	4X100M RELAY	HIGH SCHOOL GIRLS
3:05PM	4X100M RELAY	UNIVERSITY WOMEN
3:10PM	4X100M RELAY	HIGH SCHOOL BOYS
3:15PM	4X100M RELAY	UNIVERSITY MEN
3:20PM	800M	HIGH SCHOOL GIRLS
3:25PM	800M	HIGH SCHOOL BOYS
3:35PM	100M H FINAL	HIGH SCHOOL GIRLS
3:40PM	100M H FINAL	UNIVERSITY WOMEN
3:50PM	110 H FINAL	HIGH SCHOOL BOYS
3:55PM	110M HH FINAL	UNIVERSITY MEN
4:00PM	100M FINAL	HIGH SCHOOL GIRLS
4:05PM	100M FINAL	UNIVERSITY WOMEN
4:10PM	100M FINAL	HIGH SCHOOL BOYS
4:15PM	100M FINAL	UNIVERSITY MEN
4:20PM	400M	UNIVERSITY WOMEN
4:30PM	400M	UNIVERSITY MEN
4:40PM	800M	UNIVERSITY WOMEN
4:50PM	800M	UNIVERSITY MEN
5:05PM	400M IH	UNIVERSITY WOMEN
5:15PM	400M IH	UNIVERSITY MEN
5:25PM	200M FINAL	HIGH SCHOOL GIRLS
5:30PM	200M	UNIVERSITY WOMEN
5:40PM	200M FINAL	HIGH SCHOOL BOYS
5:45PM	200M	UNIVERSITY MEN
6:00PM	3000M STEEPLE	UNIVERSITY WOMEN
6:15PM	3000M STEEPLE	UNIVERSITY MEN
6:30PM	1600M	HIGH SCHOOL GIRLS
6:40PM	1600M	HIGH SCHOOL BOYS
6:50PM	1500M	UNIVERSITY WOMEN
7:00PM	1500M	UNIVERSITY MEN
7:10PM	4X400M RELAY	HIGH SCHOOL GIRLS
7:20PM	4X400M RELAY	UNIVERSITY WOMEN
7:30PM	4X400M RELAY	HIGH SCHOOL BOYS
7:40PM	4X400M RELAY	UNIVERSITY MEN



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TRACK & FIELD

SPIKES:

- ***ONLY ¼ PYRAMID SPIKES WILL BE ALLOWED IN THE RANDAL TYSON TRACK CENTER.***
- ***ATHLETES WILL NOT COMPETE IF YOU DO NOT COMPLY WITH THIS RULE.***
- ***NO NEEDLE SPIKE OR CHRISTMAS TREE SPIKE ALLOWED.***
- ***SHOES WILL BE CHECKED AT THE ATHLETE'S GATE AND THE CLERKS AREA PRIOR TO GETTING ON THE TRACK.***



