



RAZORBACKS®

2016 WOMEN'S TRACK & FIELD

2015 NCAA INDOOR CHAMPION | 2015 NCAA OUTDOOR FOURTH | 3 SEC TRIPLE CROWNS | 11 SEC TITLES

2016 SCHEDULE

INDOOR

FRI., JAN. 15	ARKANSAS INVITATIONAL	FAYETTEVILLE
Fri.-Sat., Jan. 23-24	New Mexico Invitational	Albuquerque, NM
Fri.-Sat., Jan. 23-24	Gladstein Invitational	Bloomington, IN
FRI.-SAT., JAN. 29-30	RAZORBACK INVITATIONAL	FAYETTEVILLE
Fri.-Sat., Feb. 5-6	Texas A&M Invitational	College Station, TX
FRI.-SAT., FEB. 12-13	TYSON INVITATIONAL	FAYETTEVILLE
FRI., FEB. 19	ARKANSAS QUALIFIER	FAYETTEVILLE
Sat., Feb. 20	Alex Wilson Invitational	South Bend, IN
FRI.-SAT., FEB. 26-27	SEC CHAMPIONSHIPS	FAYETTEVILLE
Fri.-Sat., March 11-12	NCAA Championships	Birmingham, AL

OUTDOOR

SAT., MARCH 26	ARKANSAS SPRING INVITATIONAL	FAYETTEVILLE
Thurs.-Sat., March 30-Apr. 2	Texas Relays	Austin, TX
Fri.-Sat., April 1-2	Stanford Invitational	Palo Alto, CA
Thurs.-Sat., April 14-16	Mt. SAC Relays	Walnut, CA
Sat., April 16	Texas Invitational	Austin, TX
FRI.-SAT., APRIL 22-23	JOHN MCDONNELL INVITATIONAL	FAYETTEVILLE
Sat., April 30	LSU Invitational	Baton Rouge, LA
Sun., May 1	Payton Jordan Invitational	Palo Alto, Calif
FRI., MAY 6	ARKANSAS TWILIGHT	FAYETTEVILLE
Thurs.-Sat., May 12-14	SEC Championships	Tuscaloosa, AL
Thurs.-Sat., May 26-28	NCAA Regionals	Lawrence, KS
Wed.-Sat., June 8-11	NCAA Championships	Eugene, OR
FFri.-Sun., June 24-26	USA Jr. Championships	Clovis, CA
Fri.-Sun., July 1-10	US Olympic Trials	Eugene, OR

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Arkansas Opens Outdoor at Home with the Arkansas Spring Invitational

- Arkansas kicks off the 2016 outdoor season as the No. 3 best team in the nation on the USTFCCA Preseason Polls
- The outdoor season will mark the return of 2015 cross country All-American Dominique Scott who sat out during the indoor season due to exhausted eligibility.
- Scott is recognized as one of the most versatile distance runners in the country boasting a range from 1,500 meters to 10,000 meters.
- Razorbacks also return several All-Americans from the 2015 team including Taliyah Brooks, Taylor Ellis-Watson, Desiree Freier, Alex Gochenour, Daina Harper, Brianna Swinton, Ariel Voskamp and Regine Williams.
- Newcomers who will have an impact this season include Devin Clark (distance), Payton Stumbaugh (hurdles/multis), and Lexi and Tori Weeks (pole vault).
- Arkansas will spend most of the outdoor season on the road with multiple stops in Texas and California competing at home only three times March 25-26, April 22-23 and May 6.

March 23 USTFCCA Division I National Team Computer Preseason Rankings

Rank	Team	Points
1	LSU	272.68
2	Oregon	264.49
3	Arkansas	253.88
4	Southern California	248.59
5	Texas A&M	243.79
6	Georgia	242.05
7	Texas	201.08
8	Kansas State	191.37
9	Kentucky	173.74
10	Florida	169.93
11	Mississippi State	168.26
12	Oklahoma	138.34
13	Stanford	115.79
14	Florida State	100.34
15	Notre Dame	98.29
16	Ohio State	97.16
17	New Mexico	95.97
18	Virginia Tech	95.53
19	Baylor	93.59
20	Michigan State	90.69
21	Miami (Fla.)	88.79
22	Michigan	87.80
23	Alabama	87.37
24	Oklahoma State	87.32
25	Wisconsin	83.69

2016 ROSTER

Name	Ht.	Yr.	Event	Hometown (Previous School)
Katie Adams	5-5	So.	Distance	Marengo, Ill. (Iowa)
Emily Bates	5-6	So.	Pole Vault	Visalia, Calif. (Central Valley Christian HS)
Safee Belbina	5-4	Fr.	Distance	Flower Mound, Texas (Flower Mound HS)
Damajahnee Birch	5-7	Fr.	Sprints	Denver, Colo. (Denver East HS)
Logan Bishop	5-4	Jr.	Distance	Batesville, Ark. (Batesville HS)
Taliyah Brooks	5-9	R-So.	Multi Events	Wichita Falls, Texas (Rider HS)
Leigha Brown	6-0	Jr.	Multi Events	McAllen, Texas (Johnny Economedes HS)
Sydney Brown	5-6	R-Fr.	Distance	Double Oak, Texas (Marcus HS)
Devin Clark	5-9	Fr.	Distance	Spring Branch, Texas (Smithson Valley HS)
Chandler Crumblish	5-2	R-So.	Distance	Fort Worth, Texas (Nolan Catholic HS)
Micah Dennis	5-6	Jr.	Throws	Middletown, Ohio (Central Arizona)
Stephanie Diettinger	5-2	R-So.	Pole Vault	Rocklin, Calif. (Whitney HS)
Taylor Ellis-Watson	6-0	R-Sr.	Sprints	Philadelphia, Pa (Pitt)
Desiree Freier	5-0	So.	Pole Vault	Fort Worth, Texas (Northwest HS)
Alex Gochenour	6-0	Sr.	Multi Events	Missouri Valley, Iowa (LSU)
Nikki Hiltz	5-4	R-So.	Middle Distance	Santa Cruz, Calif. (Oregon)
Therese Haiss	5-5	Jr.	Middle Distance	Solon, Ohio (Oregon)
Sydney Hammitt	5-5	R-Fr.	Sprints	Nixa, Mo. (Nixa HS)
Daina Harper	5-8	Jr.	Sprints	Houston, Texas (Cypress Creek HS)
Aatiyah Henry	5-8	Jr.	Jumps	Mesquite, Texas (Oklahoma)
Kelsey Herman	5-8	R-Fr.	Multi Events	Crossett, Ark. (Crossett HS)
Sabrina Herrmann	5-6	Fr.	Distance	Rancho Santa Margherita, Calif. (Trabuco Hills)
Micah Huckabee	5-6	Fr.	Distance	Cabot, Ark. (Cabot HS)
Rachel Jantzi	5-8	Fr.	Jumps	Brentwood, Tenn. (Brentwood HS)
Emily Jeacock	5-6	Fr.	Distance	Northampton, England (Marcus HS)
Kara Kalisz	5-6	R-So.	Middle Distance	Oswego, Ill. (Rosary HS)
Jessica Kamilos	5-2	R-Sr.	Distance	Neosho, Mo. (Neosho HS)
Grace Klausen	5-7	Fr.	Distance	Lee's Summit, Mo. (Blue Springs South HS)
Ariel LaChance	5-3	R-Sr.	Pole Vault	New Windsor, NY. (Cornwall HS)
Kristen Larkan	5-5	Fr.	Distance	Greenland, Ark. (Greenland HS)
Kaylee McCarthy	5-4	R-So.	Sprints	The Woodlands, Texas (The Woodlands HS)
Samantha Mohler	5-4	R-Jr.	Distance	Mountain Home, Ark. (Mountain Home HS)
Sam Nelson	5-5	Jr.	Pole Vault	Flower Mound, Texas (Flower Mound HS)
Rachel Nichwitz	5-6	Fr.	Distance	Fishers, Ind. (Hamilton Southeastern HS)
Alyssa Parker	5-8	Jr.	Jumps	Oak Creek, Wis. (Oak Creek HS)
Kiara Parker	5-5	Fr.	Sprints	Waldorf, Md. (Westlake HS)
Valerie Reina	5-2	R-Jr.	Distance	Tontitown, Ark. (Har-Ber HS)
Rylee Robinson	5-9	R-Fr.	Pole Vault	Springdale, Ark. (Shiloh Christian)
Kailee Sawyer	5-7	Fr.	Middle Distance	Ontario, Canada (Bluevale Collegiate Insitute)
Kelsey Schrader	5-3	R-Fr.	Distance	Dekalb, Ill. (Dekalb HS)
Dominique Scott	5-5	R-Sr.	Distance	Capetown, South Africa (Rhenish Girls HS)
Maggi Scroggins	5-7	Fr.	Pole Vault	Rogers, Ark. (Rogers Heritage HS)
Autumn Sehy	5-5	Jr.	Middle Distance	Texarkana, Texas (Texas HS)
Aidan Shea	5-9	R-Jr.	Distance	Memphis, Tenn. (St. Agnes Academy)
Annika Sisson	5-7	So.	Middle Distance	Kansas City, Mo. (Lee's Summit West HS)
Carmen Sitz	5-8	Fr.	Jumps	Canyon, Texas (Canyon HS)
Payton Stumbaugh	5-8	So.	Multi Events	Springdale, Ark. (Oklahoma)
Keiryn Swenson	6-1	Fr.	Throws	Wichita, Kan. (Maize HS)
Brianna Swinton	5-7	Jr.	Sprints	Little Rock, Ark. (Parkview HS)
Katie Tarver	5-5	R-Fr.	Distance	Germantown, Tenn. (Houston HS)
Abby Tedford	5-5	R-Fr.	Distance	Fairview, Texas (Lovejoy HS)
Grace Taylor	5-6	R-Fr.	Distance	Canton, Ohio (Jackson HS)
Claudia Verstraten	5-9	Fr.	Middle Distance	Geelong, Australia (Sacred Heart College)
Ariel Voskamp	5-7	R-Sr.	Pole Vault	Cabot, Ark. (Cabot HS)
Regan Ward	5-5	Jr.	Distance	Okmulgee, Okla. (Beggs HS)
Ceara Watson	5-8	Fr.	Middle Distance	Henrietta, N.Y. (Rush-Henrietta HS)
Lexi Weeks	5-6	Fr.	Pole Vault	Cabot, Ark. (Cabot HS)
Tori Weeks	5-6	Fr.	Pole Vault	Cabot, Ark. (Cabot HS)
Jaela Williams	5-3	Fr.	Hurdles	Gardena, Calif. (Serra Gardena HS)
Regine Williams	5-3	Jr.	Sprints	Miami, Fla. (Hallandale HS)
Megan Zimlich	5-9	R-Sr.	Pole Vault	Louisville, Ky. (Ballard HS)



YEAR	CONF. INDOOR		NCAA INDOOR		CONF. OUTDOOR		NCAA OUTDOOR		CONF. XC		NCAA XC	
	Place	Pts.	Place	Pts.	Place	Pts.	Place	Pts.	Place	Pts.	Place	Pts.
2016	1st	110	2nd	50	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
2015	1st	130	1st	63	1st	127.5	4th	43	1st	38	9th	276
2014	3rd	93.5	6th	30	1st	123	9th	21.5	1st	32	5th	209
2013	1st	114.5	4th	42.5	3rd	109	8th	30	1st	32	15th	340
2012	3rd	99	5th	24	3rd	111.5	T24th	13	2nd	70	18th	449
2011	2nd	118	4th	35	3rd	107	14th	18	2nd	61	14th	375
2010	2nd	82	T15th	15.5	3rd	98.5	15th	17	2nd	61	-	-
2009	3rd	97	T20th	11	4th	96.5	T29th	10	3rd	87	-	-
2008	3rd	93	T29th	7	3rd	88.5	T22nd	11	1st	46	15th	404
2007	4th	83	T21st	9	2nd	110	15th	17	1st	39	13th	406
2006	5th	73	T51st	2	7th	68	T25th	10	1st	17	5th	286
2005	2nd	120	19th	12.5	2nd	124.2	T22nd	11	2nd	51	19th	444
2004	6th	50.5	T10th	19	1st	124	T10th	22	2nd	57	16th	400
2003	1st	129	10th	22	2nd	130	19th	13.5	3rd	103	-	-
2002	2nd	139	T10th	18.5	2nd	138	T45th	4	1st	39	7th	251
2001	1st	137	5th	24	1st	182	5th	31	1st	35	17th	460
2000	1st	140	3rd	37	1st	147.75	6th	36	1st	43	13th	365
1999	4th	73	13th	13	5th	90	41st	7	1st	15	2nd	125
1998	2nd	88	T27th	8	4th	89.5	T29th	8	1st	25	6th	311
1997	7th	33	T49th	1	5th	67	T38th	5	2nd	68	13th	311
1996	6th	58	T22nd	8	5th	72	T43rd	4	2nd	77	14th	347
1995	4th	69	T4th	31	5th	79.5	T33rd	7	1st	40	12th	324
1994	3rd	80	T20th	9	4th	85	T23rd	10	1st	31	3rd	110
1993	3rd	71	T8th	16	2nd	111	T44th	3	1st	37	2nd	71
1992	3rd	78	T31st	4	4th	99	T59th	1	1st	52	2nd	130
1991 (SWC)	2nd	80	13th	11	2nd	56	T10th	18	1st (SEC)	30	2nd	168
1990 (SWC)	4th	47	T20th	8	3rd	121	T56th	2	2nd	37	6th	224
1989 (SWC)	4th	53	-	-	2nd	122	T56th	2	3rd	69	-	-
1988 (SWC)	4th	58	-	-	T-2nd	119	-	-	1st	30	15th	299
1987 (SWC)	4th	40	T21st	4	5th	40	-	-	2nd	41	9th	214
1986 (SWC)	5th	17	-	-	9th	9	-	-	2nd	54	10th	214
1985 (SWC)	5th	28	-	-	4th	55	-	-	3rd	75	-	-
1984 (SWC)	4th	41	-	-	3rd	46	T38th	9	3rd	72	13th	273
1983 (SWC)	3rd	69	T34th	2	3rd	73	-	-	4th	96	-	-

SEC INDOOR CHAMPIONSHIPS

2000 Indoor Track

Feb. 26-27, 2000

Randal Tyson Track Center
Fayetteville, Ark.

1.	#5 Arkansas	140
2.	#6 Florida	96
3.	#3 South Carolina	94
4.	#1 LSU	65
5.	#9 Georgia	62
6.	#11 Auburn	47.5
7.	Alabama	43
8.	Tennessee	35
9.	Mississippi	18
10.	Mississippi St.	8
	Vanderbilt	
12.	Kentucky	7.5

2003 Indoor Track

Feb. 28-Mar. 2, 2003

Stephen C. O'Connell Center
Gainesville, Fla.

1.	#8 Arkansas	129
2.	#5 South Carolina	108.5
3.	#4 Florida	105
4.	#1 LSU	88
5.	#13 Auburn	62
6.	Georgia	55.5
7.	Kentucky	48
8.	#20 Mississippi St.	29
9.	Tennessee	25
10.	Vanderbilt	9
11.	Mississippi	2
	Alabama	

2015 Indoor Track

Feb. 28, 2015

Nutter Fieldhouse
Lexington, Ky.

1.	Arkansas	130
2.	Florida	86
3.	Texas A&M	81.90
4.	Kentucky	76
5.	LSU	51
6.	Georgia	50
7.	Miss State	36.70
8.	Alabama	34
9.	Missouri	32
10.	Tennessee	22
11.	Auburn	21
12.	Vanderbilt	18.20
13.	Mississippi	14.20
14.	South Carolina	9

2001 Indoor Track

Feb. 24-25, 2001

Nutter Field House
Lexington, Ky.

1.	#3 Arkansas	137
2.	#6 Florida	109
3.	#1 South Carolina	90
4.	#7 LSU	77
5.	#20 Georgia	61.5
6.	#11 Mississippi	31
7.	Auburn	30
8.	Alabama	26
9.	Kentucky	21.5
10.	Tennessee	16
11.	Mississippi St.	13
12.	Vanderbilt	11

2013 Indoor Track

February 24, 2013

Randal Tyson Track Center
Fayetteville, Ark.

1.	#3 Arkansas	114.5
2.	#1 LSU	109.5
3.	#9 Texas A&M	88
4.	#6 Florida	87.5
5.	#7 Georgia	52.5
6.	#14 South Carolina	50
7.	Kentucky	34
8.	Tennessee	29
9.	Missouri	28
10.	Alabama	25
11.	Miss State	18
12.	Mississippi	11
13.	Auburn	9
14.	Vanderbilt	5

2016 Indoor Track

Feb. 27, 2016

Randal Tyson Track Center
Fayetteville, Ark.

1.	Arkansas	110
2.	LSU	67
3.	Georgia	65
4.	Florida	64
4.	Tennessee	64
6.	Kentucky	48
7.	Texas A&M	44
8.	Alabama	43
9.	Mississippi State	42
10.	Auburn	33
11.	South Carolina	26
12.	Vanderbilt	24
13.	Missouri	17
14.	Mississippi	16

All-Time SEC Team Champions

Indoor

1981	-
1982	-
1983	-
1984	Tennessee
1985	LSU
1986	Vacated
1987	LSU
1988	LSU
1989	LSU
1990	Florida
1991	LSU
1992	Florida
1993	LSU
1994	Alabama
1995	LSU
1996	LSU
1997	Florida
1998	LSU
1999	LSU
2000	Arkansas
2001	Arkansas
2002	Florida
2003	Arkansas
2004	Florida
2005	Tennessee
2006	Georgia
2007	Tennessee
2008	LSU
2009	Tennessee
2010	Florida
2011	LSU
2012	Florida
2013	Arkansas
2014	Florida
2015	Arkansas
2016	Arkansas

Outdoor

	Tennessee
	Tennessee
	Tennessee
	Tennessee
	LSU
	Alabama
	LSU
	LSU
	LSU
	LSU
	LSU
	Florida
	LSU
	Florida
	LSU
	Alabama
	Georgia
	LSU
	LSU
	Florida
	Florida
	S. Carolina
	Arkansas
	Arkansas
	S. Carolina
	Florida
	Arkansas
	S. Carolina
	Georgia
	LSU
	LSU
	Florida
	LSU
	LSU
	LSU
	Texas A&M
	Arkansas
	Arkansas
2000	Arkansas
2001	Arkansas
2002	Arkansas
2003	Tennessee
2004	Tennessee
2005	Tennessee
2006	Arkansas
2007	Arkansas
2008	Arkansas
2009	Florida
2010	Florida
2011	Vanderbilt
2012	Florida
2013	Arkansas
2014	Arkansas
2015	Arkansas

Cross Country

1983	Tennessee
1984	Florida
1985	Kentucky
1986	Alabama
1987	Alabama
1988	Kentucky
1989	Kentucky
1990	Tennessee
1991	Arkansas
1992	Arkansas
1993	Arkansas
1994	Arkansas
1995	Arkansas
1996	Florida
1997	Florida
1998	Arkansas
1999	Arkansas

CONFERENCE INDOOR INDIVIDUAL CHAMPIONS

Makeba Alcide Pentathlon	4,126 points	2012	Gwendolyn Flowers 4x400M	3:31.01	2011
			4x400M	3:29.60	2013
Denise Bargiachi 5,000 Meters	16:25.34	2008	Megan Flowers 5,000 Meters	16:38.30	1997
Peter-Gaye Beckford Long Jump	20-9.25	2009	5,000 Meters	16:28.69	1995
Amy Yoder Begley 5,000 Meters	16:18.38	2000	Regina George 4x400M	3:31.01	2011
5,000 Meters	16:44.13	1999	4x400M	3:34.61	2010
3,000 Meters	9:37.96	1998	4x400M	3:29.60	2013
Mile	4:50.22	1998	400M	51.40	2013
DMR	11:32.80	1998	Kristen Gillespie Mile	4:34.49	2012
Londa Bevins DMR	11:40.39	2001	3,000 Meters	9:20.86	2012
Edina Brooks 4x400M	3:34.61	2010	Edel Hackett Two Mile	10:26.60	*1984
DeeDee Brown DMR	11:27.97	2000	Two Mile	10:40.59	*1983
Pentathlon	4,141 pts.	2002	Therese Haiss DMR	11:14.46	2016
Leigha Brown DMR	11:14.46	2016	DMR	11:19.85	2015
Stephanie Brown 800 Meters	2:03.21	2014	Daina Harper 4X400M	3:30.79	2015
Andreina Byrd 3,000 Meters	9:31.61	2002	LaShawn Haythe 55 Meters	6.91	*1990
5,000 Meters	16:35.29	2002	Grace Heymsfield Mile	4:39.20	2014
DMR	11:40.39	2001	Nikki Hiltz DMR	11:14.46	2016
Veronica Campbell 200 Meters	22.67	2004	Whitney Jones Long Jump	20-5.25	2012
Etienne Chaplin Pentathlon	4,095 pts.	2008	4x400M	3:31.01	2011
Devin Clark DMR	11:14.46	2016	4x400M	3:34.61	2010
Amber Crumbo Weight	59-5.75	2000	Christine Kalmer 5,000 Meters	16:20.06	2009
Jessica Dailey DMR	11:27.97	2000	Jessica Kamilos DMR	11:19.85	2015
Mile	4:44.62	1999	Lilli Kleinmann Mile	4:48.60	2001
3,000 Meters	9:33.09	1999	3,000 Meters	9:22.82	2001
DMR	11:32.80	1998	5,000 Meters	16:39.36	2001
Deena Drossin 5,000 Meters	16:43.83	1996	3,000 Meters	9:26.75	2000
5,000 Meters	16:30.22	1994	DMR	11:27.97	2000
5,000 Meters	16:34.40	1993	Claire Lavers 3,000 Meters	9:24.56	1992
Taylor Ellis-Watson 400M	51.84	2016	Loren Leaverton DMR	11:40.39	2001
4X400M	3:30.79	2015	Stacie Manuel Pole Vault	13-4.25	2005
Dawnyell Fletcher DMR	11:40.39	2001	Pole Vault	13-8.5	2003
			Beyonka McDowell Pentathlon	4,076 pts.	2005

CONFERENCE INDOOR INDIVIDUAL CHAMPIONS

Sparkle McKnight		
4x400M	3:30.79	2015
4x400M	3:29.60	2013
Desiree Owen		
DMR	11:32.80	1998
Jamie Park		
5,000 Meters	16:49.25	1992
5,000 Meters	16:22.59	*1991
Jenny Petite		
DMR	11:27.97	2000
Trine Pilskog		
Mile	4:49.47	1995
Sally Ramsdale		
3,000 Meters	9:20.64	*1988
Tracy Robertson		
Mile	4:41.12	2000
DMR	11:32.80	1998
Sarah Schwald		
3,000 Meters	9:42.52	1995
Dominique Scott		
Mile	4:32.39	2015
3,000 Meters	9:17.24	2015
5,000 Meters	16:00.73	2014
Erica Sigmont		
Mile	4:54.40	2005
Rebekka Simko		
DMR	11:19.85	2015
Penny Splichal		
3,000 Meters	9:21.56	2006
5,000 Meters	16:09.14	2006
Katie Stripling		
Pole Vault	13-6.5	2008
Tina Sutej		
Pole Vault	14-11	2012
Pole Vault	14-10.75	2011
Pole Vault	14-7.5	2010
Brianna Swinton		
DMR	11:19.85	2015
Melody Sye		
Mile	4:45.64	*1989
1,000 Yards	2:30.92	*1987
Lexi Weeks		
Pole Vault	4.48m/14-8.25	2016
Chrishuna Williams		
800 Meters	2:02.95	2015
4x400M	3:30.79	2015
4x400M	3:29.60	2013
Shelise Williams		
400 Meters	52.20	2011

4x400M	3:31.01	2011
400 Meters	53.21	2010
4x400M	3:34.61	2010

Christin Wurth		
3,000 Meters	9:23.36	2003
5,000 Meters	16:30.41	2003

* - indicates SWC Champion

Indoor Titles By Year

Year	Titles	Events
2016	3	400M, DMR, Pole Vault
2015	6	800M, Mile, 3K, 4x400M, DMR, Pole Vault
2014	3	800M, Mile, 5K
2013	2	400M, 4x400M
2012	5	Mile, 3K, PV, LJ, Pentathlon
2011	3	400M, 4x400M, Pole Vault
2010	3	400M, 4x400M, Pole Vault
2009	2	5K, Long Jump
2008	3	5K, Pole Vault, Pentathlon
2006	2	3K, 5K
2005	3	Mile, Pole Vault, Pentathlon
2004	1	200M
2003	3	3K, 5K, Pole Vault
2002	3	3K, 5K, Pentathlon
2001	4	Mile, 3K, 5K, DMR
2000	5	Mile, 3K, 5K, DMR, Weight
1999	3	Mile, 3K, 5K
1998	3	Mile, 3K, DMR
1997	1	5K
1996	1	5K
1995	3	Mile, 3K, 5K
1994	1	5K
1993	1	5K
1992	2	3K, 5K
1991	1	5K
1990	1	55M
1989	1	Mile
1988	1	3K
1987	1	1,000 Yards
1984	1	Two Mile
1983	1	Two Mile

Indoor Titles By Event

Event	Titles	Last
55M	1	1990
200M	1	2004
400M	4	2016
800M	2	2015
1000Y	1	1987
Mile	10	2015
3,000M	12	2015
Two Mile	2	1984
5,000M	15	2009
4x400M	4 (16)	2015
DMR	5 (20)	2016
Pole Vault	8	2016
Long Jump	2	2012
Weight	1	2000
Pentathlon	4	2012
Totals	73	

INDOOR TOP TIMES

60 Meters

1.	7.20	Veronica Campbell	2004	Lexington, Ky.
2.	7.23	Veronica Campbell	2004	Fayetteville, Ark.
3.	7.26	Kyla Shoemake	1998	Colorado Springs, Colo.
	7.26	Elisha Brewer	1998	Colorado Springs, Colo.
5.	7.27	Veronica Campbell	2004	Fayetteville, Ark.

200 Meters

1.	22.43	Veronica Campbell	2004	Fayetteville, Ark.
2.	22.51	Veronica Campbell	2004	Fayetteville, Ark.
3.	22.67	Veronica Campbell	2004	Lexington, Ky.
4.	22.99	Taylor Ellis-Watson	2016	Fayetteville, Ark.
4.	23.00	Regina George	2013	Fayetteville, Ark.
5.	23.03	Veronica Campbell	2004	Lexington, Ky.

400 Meters

1.	51.05	Regina George	2013	Fayetteville, Ark.
2.	51.51	Taylor Ellis-Watson	2016	Birmingham, Ala.
3.	51.67	Regina George	2013	Fayetteville, Ark.
4.	52.43	Shelise Williams	2010	Fayetteville, Ark.
5.	52.60	Jessica Cousins	2007	Lexington, Ky.

800 Meters

1.	2:01.96	Aneita Denton	2005	Fayetteville, Ark.
2.	2:02.95	Chrishuna Williams	2015	Lexington, Ky.
3.	2:03.21	Stephanie Brown	2014	College Station, Texas
4.	2:04.58	Nicole Teter	1992	Indianapolis, Ind.
5.	2:04.70	Aneita Denton	2005	Fayetteville, Ark.

Mile

1.	4:32.38	Dominique Scott	2015	Seattle, Wash.
2.	4:34.22	Grace Heymsfield	2014	Seattle, Wash.
3.	4:34.49	Kristen Gillespie	2012	Lexington, Ky.
4.	4:35.86	Stephanie Brown	2014	Seattle, Wash.
5.	4:36.31	Therese Haiss	2015	Seattle, Wash.

3,000 Meters

1.	8:52.57	Dominique Scott	2015	Seattle, Wash.
2.	9:10.62	Christine Kalmer	2007	New York, N.Y.
3.	9:11.21	Lilli Kleinmann	2000	Fayetteville, Ark.
4.	9:12.83	Lilli Kleinmann	2000	Fayetteville, Ark.
5.	9:13.62	Christine Kalmer	2008	Seattle, Wash.

5,000 Meters

1.	15:46.89	Amy Yoder Begley	2000	Fayetteville, Ark.
2.	15:50.88	Diane Robison	2015	Seattle, Wash.
3.	15:52.80	Deena Drossin	1993	Indianapolis, Ind.
4.	15:55.43	Lilli Kleinmann	2001	Fayetteville, Ark.
5.	16:00.73	Dominique Scott	2014	College Station, Texas

60-Meter Hurdles

1.	8.09	Payton Stumbaugh	2016	Birmingham, Ala.
2.	8.13	Ivanique Kemp	2012	Fayetteville, Ark.
3.	8.16	Kyla Shoemake	1998	Colorado Springs, Colo.
4.	8.17	Taliyah Brooks	2016	Birmingham, Ala.
	8.17	Kasia Williams	2005	Fayetteville, Ark.

4x400-Meter Relay

1.	3:29.60	Williams, McKnight, Flowers, George	2013	Fayetteville, Ark.
2.	3:29.65	Dobbins, Harper, Swinton, Ellis-Watson	2016	Birmingham, Ala.
3.	3:30.08	Jones, Williams, Flowers, George	2011	College Station, Texas
4.	3:30.35	Flowers, McKnight, Borge, George	2013	Fayetteville, Ark.
5.	3:30.63	Stumbaugh, Harper, Swinton, Ellis-Watson	2016	Fayetteville, Ark.

Distance Medley Relay

1.	10:51.89	Kamilos, McKnight, Haiss, Scott	2015	Fayetteville, Ark.
2.	10:57.15	Heymsfield, Williams, Brown, Scott	2014	New York, N.Y.
3.	10:59.22	Hiltz, Harper, Haiss, Kamilos	2016	Birmingham, Ala.
4.	11:00.23	Wood, Flowers, Borge, Heymsfield	2013	Fayetteville, Ark.
5.	11:01.01	Gillespie, Flowers, Learch, Brown	2012	New York, N.Y.

High Jump

1.	6-2.25	Makeba Alcide	2013	Fayetteville, Ark.
2.	6-2	Makeba Alcide	2013	Fayetteville, Ark.
3.	5-11.25	Jessica Johnson	2003	Gainesville, Fla.
	5-11.25	Kelsey Herman	2016	Fayetteville, Ark.
5.	5-10	Jennifer McDonald	1989	Fayetteville, Ark.
	5-10	Taliyah Brooks	2016	Fayetteville, Ark.

Pole Vault

1.	15-3.5	Sandi Morris	2015	Fayetteville, Ark.
2.	15-2.25	Lexi Weeks	2016	Birmingham, Ala.
3.	14-11	Tina Sutej	2012	Lexington, Ky.
4.	14-5.25	Tori Weeks	2016	Fayetteville, Ark.
5.	14-4	Tara Diebold	2012	Lexington, Ky.

Long Jump

1.	20-11.25	Angel Heath	2003	Gainesville, Fla.
2.	20-10.5	Peter-Gaye Beckford	2008	New York, N.Y.
3.	20-10	Taliyah Brooks	2016	Fayetteville, Ark.
4.	20-9	Angel Heath	2002	Ames, Iowa
5.	20-8	Angel Heath	2002	Fayetteville, Ark.

Triple Jump

1.	44-4	Gi-Gi Miller	2001	Fayetteville, Ark.
2.	43-11.75	Tamara Myers	2015	Fayetteville, Ark.
3.	43-10	Tamara Myers	2013	Fayetteville, Ark.
4.	42-6	Cynthia Moore	1990	Indianapolis, Ind.
5.	42-4.25	Angel Heath	2003	Gainesville, Fla.

Shot Put

1.	51-9.25	Amber Crumbo	2000	Manhattan, Kan.
2.	50-10.25	Marie LeJour	2001	Fayetteville, Ark.
3.	50-9.25	Amber Crumbo	2000	Norman, Okla.
4.	50-4.5	Jessica Sommerfeld	2002	Joplin, Mo.
5.	48-5.25	Micah Dennis	2015	Lexington, Ky.

Weight Throw

1.	68-6.5	Brandy Blackwood	2005	Fayetteville, Ark.
2.	67-4.75	Brandy Blackwood	2005	Fayetteville, Ark.
3.	66-2.5	Brandy Blackwood	2005	Fayetteville, Ark.
4.	65-11	Brandy Blackwood	2005	New York, N.Y.
5.	64-2.5	Marie LeJour	2002	Fayetteville, Ark.

Pentathlon

1.	4569	Makeba Alcide	2013	Fayetteville, Ark.
2.	4457	Taliyah Brooks	2016	Fayetteville, Ark.
3.	4430	Alex Gochenour	2015	Fayetteville, Ark.
4.	4371	Payton Stumbaugh	2016	Birmingham, Ala.
5.	4218	Leigha Brown	2016	Birmingham, Ala.

Pentathlon Event Records

60-Meter Hurdles				
	8.10	Payton Stumbaugh	2016	Birmingham, Ala.
High Jump				
	6-2.5	Makeba Alcide	2013	Gainesville, Fla.
Shot Put				
	45-8	Beyonka McDowell	2005	Fayetteville, Ark.
Long Jump				
	20-10	Taliyah Brooks	2016	Fayetteville, Ark.
800 Meters				
	2:13.87	Leigha Brown	2016	Birmingham, Ala.

Bold - current student-athlete

SEC OUTDOOR CHAMPIONSHIPS

2000 Outdoor Track
May 11-14, 2000
Bernie Moore Stadium
Baton Rouge, La.

1.	#7 Arkansas	147.75
2.	#4 South Carolina	132.25
3.	#2 LSU	89.5
4.	#18 Florida	86.25
5.	#18 Georgia	85
6.	Tennessee	71.25
7.	Alabama	71
8.	#20 Auburn	54
9.	Mississippi	32
10.	Kentucky	12
11.	Mississippi St	10
12.	Vanderbilt	7

2001 Outdoor Track
May 10-13, 2001
Weems Baskin Track
Columbia, S.C.

1.	#20 Arkansas	182
2.	#11 Florida	112
3.	#5 South Carolina	109
4.	#4 LSU	103
5.	Auburn	67
6.	Alabama	63.5
7.	#17 Georgia	55
8.	#21 Mississippi	39
9.	Tennessee	31
10.	Kentucky	29
11.	Vanderbilt	15
12.	Mississippi St	12.5

2004 Outdoor Track
May 13-16, 2004
Ole Miss Track & Field
Oxford, Miss.

1.	#11 Arkansas	124
2.	#1 LSU	114
3.	#8 Georgia	101.5
4.	#5 South Carolina	90.5
5.	#6 Florida	79
6.	#9 Tennessee	78.5
7.	Auburn	68.5
8.	Alabama	68
9.	Kentucky	30
10.	Vanderbilt	27
11.	#24 Mississippi St	22
12.	Mississippi	15

2014 Outdoor Track
May 15-18, 2014
Kentucky Track & Field
Lexington, Ky.

1.	Arkansas	123
2.	Florida	116.5
3.	Texas A&M	113
4.	Kentucky	104
5.	Georgia	70.5
6.	LSU	65.5
7.	Missouri	62
8.	Alabama	36
9.	Auburn	30
10.	Tennessee	28
11.	Mississippi State	26
12.	South Carolina	25.5
13.	Vanderbilt	15
14.	Mississippi	4

2015 Outdoor Track
May 13-16, 2004
Ole Miss Track & Field
Oxford, Miss.

1.	Arkansas	127.5
2.	Texas A&M	104
3.	Kentucky	99
4.	LSU	84
5.	Florida	83
6.	Georgia	64
7.	Alabama	55.5
8.	Mississippi State	51
9.	Missouri	42.66
10.	Auburn	28
11.	Vanderbilt	25.33
12.	Mississippi	21
13.	South Carolina	19
14.	Tennessee	15

CONFERENCE OUTDOOR INDIVIDUAL CHAMPIONS

Makeba Alcide			4x400M	3:31.05	2010	Aisling Ryan		
Heptathlon	5,968 pts.	2013				5,000 Meters	16:21.00	*1988
Heptathlon	5,646 pts.	2011	Edel Hackett			10,000 Meters	35:08.19	*1988
			3,000 Meters	9:25.64	*1984			
Dacia Barr			5,000 Meters	16:52.08	*1984			
1,500 Meters	4:14.97	2007				Sarah Schwald		
						1,500 Meters	4:23.28	1994
Amy Yoder Begley			Grace Heymsfield			3,000 Meters	9:32.08	1994
5,000 Meters	16:16.36	2001	Steeplechase	9:57.14	2014			
10,000 Meters	35:23.40	2001	Steeplechase	10:01.74	2013	Dominique Scott		
5,000 Meters	16:48.33	2000				1,500 Meters	4:15.20	2015
10,000 Meters	35:59.22	2000	Isabelle Hozang			5,000 Meters	16:06.52	2015
5,000 Meters	17:07.62	1999	10,000 Meters	35:29.01	*1985	10,000 Meters	33:51.84	2014
10,000 Meters	34:40.39	1999	10,000 Meters	34:48.03	*1984			
3,000 Meters	9:29.65	1997				Maureen Scott		
5,000 Meters	16:28.42	1997	Jessica Johnson			Steeplechase	10:27.29	2005
			High Jump	5-9.75	2003	Steeplechase	10:16.01	2004
Tanya Blake								
800 Meters	2:06.60	1994	Whitney Jones			Erica Sigmont		
			4x400M	3:32.23	2011	1,500 meters	4:26.12	2005
DeeDee Brown			4x400M	3:31.05	2010			
Heptathlon	5,560 pts.	2000	Jessica Kamilos			Penny Splichal		
			Steeplechase	10:02.07	2015	10,000 Meters	35:36.23	2003
Andreina Byrd						April Steiner		
5,000 Meters	16:44.87	2002	Lilli Kleinmann			Pole Vault	13-7.25	2003
			Steeplechase	10:13.89	2001			
Michelle Byrne			10,000 Meters	35:53.44	2002	Katie Stripling		
10,000 Meters	35:08.02	1993				Pole Vault	14-5.25	2009
	35:22.59	1992	Marie LeJour			Pole Vault	13-6.5	2008
			Discus	169-0	2001			
Veronica Campbell						Tina Sutej		
100 Meters	11.12	2004	Sharon Little			Pole Vault	15-1.5	2011
200 Meters	22.41	2004	3,000 Meters	9:55.73	*1983	Pole Vault	13-9.5	2010
			5,000 Meters	17:11.70	*1983			
Etienne Chaplin						Melody Sye		
Heptathlon	5,594 pts.	2009	Sparkle McKnight			5,000 Meters	16:40.15	*1989
			400M Hurdles	55.71	2013			
Susan Cope			4x400M	3:27.09	2013	Karen Thomas		
Javelin	143-4	*1991				4x400M	3:31.05	2010
Jessica Dailey			Gi-Gi Miller			Jodi Unger		
1,500 Meters	4:21.55	2000	Heptathlon	5,704 pts.	2001	Pole Vault	13-6.25	2007
3,000 Meters	9:29.03	2000						
3,000 Meters	9:40.75	1999	Sandi Morris			Catherine White		
5,000 Meters	16:38.70	1998	Pole Vault	15-5.75	2015	5,000 Meters	16:29.72	2009
			Pole Vault	14-9	2014	10,000 Meters	35:07.50	2009
Aneita Denton								
800 Meters	2:02.94	2005	Jackie Mota			Shiloh Whiting		
			3,000 Meters	9:38.15	*1990	Steeplechase	10:32.69	2003
Deena Drossin			5,000 Meters	17:10.94	*1990			
3,000 Meters	9:20.87	1993				Chrishuna Williams		
5,000 Meters	16:07.73	1993	Claire Phythian			4X400M	3:27.09	2013
			Heptathlon	5,455 pts.	1995			
Taylor Ellis-Watson						Kasia Williams		
400 Meters	51.18	2015	Sally Ramsdale			100M Hurdles	13.25	2005
			3,000 Meters	9:23.56	*1988			
Gwendolyn Flowers						Shelise Williams		
4x400M	3:27.09	2013	Tiffany Redlarczyk			4x400M	3:32.23	2011
4x400M	3:32.23	2011	Steeplechase	10:31.35	2006	4x400M	3:31.05	2010
Megan Flowers			Tracy Robertson			Christin Wurth		
3,000 Meters	9:35.75	1996	1,500 Meters	4:20.89	2001	1,500 Meters	4:20.87	2002
			1,500 Meters	4:25.90	1998			
Regina George			3,000 Meters	9:35.82	1998			
400 Meters	51.74	2013						
4x400M	3:27.09	2013	Diane Robison					
400 Meters	51.83	2012	10,000 Meters	33:55.12	2015			
4x400M	3:32.23	2011	5,000 Meters	15:48.25	2014			

* SWC Champion

OUTDOOR TOP TIMES

100 METERS

1. Veronica Campbell	11.10	2004
2. LaShaunte'a Moore	11.26	2004
3. Elisha Brewer	11.29	1998
4. Regine Williams	11.46	2014
5. Kerri-Ann Mitchell	11.53	2003
6. Tiffany Hines	11.53	2012
7. Lakeisha Martin	11.55	2007
8. Pat Lowe	11.64	1985
9. Precious Madison	11.65	1999
10. Gwendolyn Flowers	11.66	2012

200 METERS

1. Veronica Campbell	22.41	2004
2. Taylor Ellis-Watson	22.93	2015
3. Elisha Brewer	23.31	1998
4. Regine Williams	23.36	2014
5. LaShawn Haythe	23.38	1989
6. Regina George	23.38	2013
7. Shelise Williams	23.40	2010
8. Jessica Cousins	23.42	2007
9. Tiffany Hines	23.47	2012
10. LaShaunte'a Moore	23.50	2004

400 METERS

1. Regina George	50.99	2013
2. Taylor Ellis-Watson	51.18	2015
3. Shelise Williams	51.71	2010
4. Jessica Cousins	51.92	2007
5. Sparkle McKnight	52.17	2013
6. Whitney Jones	52.41	2011
7. Chrishuna Williams	52.43	2014
8. Tominique Boatright	52.68	2006
9. Sasha Rolle	53.07	2007
10. Daina Harper	53.23	2015

800 METERS

1. Chrishuna Williams	2:01.61	2015
2. Aneita Denton	2:01.91	2005
3. Stephanie Brown	2:02.59	2011
4. Rebekka Simko	2:03.57	2015
5. Tanya Blake	2:03.78	1994
6. Regina George	2:03.79	2013
7. Nicole Teter	2:04.24	1992
8. Erica Sigmont	2:05.29	2005
9. Paige Farrell	2:05.35	2006
10. Melody Sye	2:06.13	1987

1,500 METERS

1. Christin Wurth	4:10.49	2003
2. Dacia Barr	4:11.02	2008
3. Stephanie Brown	4:11.40	2014
4. Dominique Scott	4:12.16	2015
5. Kristen Gillespie	4:13.33	2012
6. Londa Bevins	4:15.35	2003
7. Sarah Schwald	4:16.00	1994
8. Jessica Kamilos	4:16.31	2015
9. Tracy Robertson	4:16.52	2000
10. Erica Sigmont	4:17.40	2004

5,000 METERS

1. Dominique Scott	15:32.55	2015
2. Diane Robison	15:47.62	2014
3. Jessica Dailey	15:48.89	2000
4. Kristen Gillespie	15:48.91	2012
5. Amy Yoder Begley	15:49.85	1999
6. Deena Drossin	15:52.80	1993
7. Christin Wurth	15:54.99	2003
8. Grace Heymsfield	15:55.30	2014
9. Edell Hackett	16:01.93	1984
10. Megan Flowers	16:02.95	1995

10,000 METERS

1. Dominique Scott	32:11.60	2015
2. Claire Lavers	32:58.20	1991
3. Amy Yoder Begley	33:06.84	2000
4. Jamie Park	33:15.08	1991
5. Michelle Byrne	33:32.77	1993
6. Aisling Ryan	33:37.40	1988
7. Catherine White	33:37.83	2009
8. Amy McKinley	33:39.15	1995
9. Alison Rush	33:44.36	2005

10. Diane Robison	33:47.79	2014
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100-METER HURDLES

1. Elisha Brewer	12.98	1998
2. Kyla Shoemake	13.05	2000
3. Gi-Gi Miller	13.11	2001
4. Kasia Williams	13.13	2005
5. Ivanique Kemp	13.13	2012
6. Alex Gochenour	13.15	2015
7. Taliyah Brooks	13.25	2015
8. Tia Thompson	13.26	2007
9. Makeatha Cooper	13.30	2007
10. Brittany Hyter	13.33	2011

400-METER HURDLES

1. Sparkle McKnight	55.71	2013
2. Brittany Hyter	56.46	2011
3. Tawa Babatunde	56.99	2001
4. Shannon Carter	57.85	1992
5. Gwendolyn Flowers	57.88	2013
6. Leah Orley	58.77	2010
7. Brianna Swinton	59.63	2015
8. Andrea Bell	59.82	2002
9. Alex Gochenour	1:00.84	2014
10. Jennifer Fall	1:00.89	2007

3,000-METER STEEPLECHASE

1. Grace Heymsfield	9:49.01	2014
2. Jessica Kamilos	9:49.25	2014
3. Lilli Kleinmann	10:01.52	2001
4. Shannon Klenke	10:07.62	2015
5. Regan Ward	10:13.29	2015
6. Maureen Scott	10:16.01	2004
7. Shiloh Whiting	10:17.72	2004
8. Cali George	10:20.48	2012
9. Megan Jackson	10:23.49	2011
10. Caroline Peyton	10:24.62	2007

4x100-METER RELAY

1. K. Williams, Moore, Neely, Campbell	43.84	2004
2. Flowers, George, Hines, Jones	44.01	2012
3. Madison, Brewer, Harris, Shoemake	44.15	1998
4. Flowers, George, Jones, S. Williams	44.32	2011
5. Flowers, George, Kemp, Hines	44.50	2012
6. Flowers, George, Kemp, S. Williams	44.62	2011
7. Martin, Beckford, Boatright, Coustins	44.63	2007
8. Flowers, George, McKnight, Myers	44.63	2013
9. Savary, Miller, Walker, Shoemake	44.67	2000
10. Harper, Ellis-Watson, C. Williams, R. Williams	44.68	2014

4x400-METER RELAY

1. C. Williams, McKnight, Flowers, George	3:27.09	2013
2. George, S. Williams, Flowers, Jones	3:28.63	2011
3. Rolle, Cousins, Farrell, Boatright	3:28.78	2006
4. Jones, Flowers, C. Williams, George	3:29.54	2012
5. Harper, Ellis-Watson, R. Williams, C. Williams	3:29.58	2014
6. Swinton, C. Williams, R. Williams, Ellis-Watson	3:30.74	2015
7. Jones, S. Williams, Thomas, George	3:31.03	2010
8. S. Williams, George, Brooks, Jones	3:31.20	2010
9. Swinton, Harper, C. Williams, Ellis-Watson	3:31.35	2015
10. Swinton, Harper, R. Williams, C. Williams	3:32.18	2014

HIGH JUMP

1. Makeba Alcide	6-2	2013
2. Jessica Johnson	6-1.25	2003
3. Jennifer McDonald	5-11.25	1990
4. Kirsten Hesseltine	5-10.75	2014
5. Alex Gochenour	5-10	2015
6. Claire Phythian	5-9.25	1995
7. DeeDee Brown	5-9.25	2001
8. Michelle Martin	5-9.25	2005
9. Taliyah Brooks	5-9.25	2015
10. Jan Bennett	5-8.75	1981

POLE VAULT

1. Sandi Morris	15-5.75	2015
2. Tina Sutej	15-1.5	2011
3. Katie Stripling	14-5.5	2010
4. Desiree Freier	14-3.25	2015
5. Ariel Voskamp	14-2.75	2015
6. Danielle Nowell	14-0.5	2014
7. April Steiner	14-0	2003

8. Jodi Unger	13-11.25	2007
9. Janice Kepler	13-9.75	2010
10. Stacie Manuel	13-9.5	2004

LONG JUMP

1. Toshei Woods	20-10	1993
2. Tamara Myers	20-8.5	2014
3. Cynthia Moore	20-7.25	1990
4. Taliyah Brooks	20-7.25	2015
5. Peter-Gaye Beckford	20-7	2008
6. Etienne Chaplin	20-7	2009
7. Beyonka McDowell	20-5.75	2005
8. Angel Heath	20-3.75	2002
9. Kerri-Ann Mitchell	20-3.75	2002
10. Whitney Jones	20-2.5	2012

TRIPLE JUMP

1. Gi-Gi Miller	44-7.5	2001
2. Shantel Thompson	43-7.25	2011
3. Tamara Myers	43-7	2013
4. Mariann Ahuna	42-10.25	2003
5. Cynthia Moore	42-9.75	1991
6. Toshei Woods	42-0.75	1993
7. Stephanie Adams	40-7	1985
8. Kerri-Ann Mitchell	40-3.25	2002

SHOT PUT

1. Amber Crumbo	51-8	2000
2. Sheila Sims	49-7	1996
3. Jessica Sommerfeld	48-9.5	2002
4. Kelley Bickham	48-4	1998
5. Stacy Tiefenauer	48-1.5	1997
6. Marie LeJour	47-7.25	2002
7. Michelle Rossio	47-11	2007
8. Marilyn Banks	45-9.25	1982
9. Beyonka McDowell	45-7	2005
10. Peter-Gaye Beckford	45-6.25	2008

DISCUS

1. Marie LeJour	169-0	2001
2. Kelley Bickham	166-10	1997
3. Amber Crumbo	163-4	2000
4. Amanda Allen	160-11	1993
5. Jessica Sommerfeld	156-3	2002
6. Michelle Rossio	155-0	2008
7. Lana Boydston	147-6	1983
8. Kelly Bertka	145-3	1986

JAVELIN

1. Amethyst Boyd	163-3	2014
2. Carly Bloomfield	162-10	2007
3. Jessica Sommerfeld	158-3	2002
4. Peter-Gaye Beckford	154-5	2007
5. Susan Cope	152-1	1992
6. Michelle Rossio	147-6	2006
7. Pernille Jorgensen	146-8	1988
8. Kelsey Mollenkamp	146-4	2007
9. Rebecca Gorden	137-7	2011

HAMMER THROW

1. Brandy Blackwood	192-9	2005
2. Marie LeJour	190-7	2002
3. Michelle Rossio	179-4	2008
4. Kelley Bickham	175-5	1998
5. Stacy Tiefenauer	147-9	1997
6. Angie Scott	146-1	2009

HEPTATHLON

1. Makeba Alcide	6,050	2013
2. Alex Gochenour	6,027	2015
3. Gi-Gi Miller	5,925	2001
4. Taliyah Brooks	5,717	2015
5. DeeDee Brown	5,700	2001
6. Etienne Chaplin	5,594	2009
7. Beyonka McDowell	5,518	2005
8. Leigha Brown	5,473	2015
9. Claire Phythian	5,455	1995
10. Francis Sealy	5,200	1998

BOLD - Current Student-Athletes

NCAA INDIVIDUAL CHAMPIONS

<u>1979</u>			<u>2013</u>		
Indoor			Outdoor		
Diann Ousley	600 Yards	1:21.22	Gwendolyn Flowers	4x400M	3:27.09
<u>1991</u>			Regina George	4x400M	3:27.09
Outdoor			Sparkle McKnight	4x400M	3:27.09
Jamie Park	10,000 Meters	33:15.08	Chrishuna Williams	4x400M	3:27.09
<u>1995</u>			<u>2014</u>		
Indoor			Indoor		
Trine Pilskog	Mile	4:39.19	Stephanie Brown	DMR	11:05.83
Sarah Schwald	3,000 Meters	9:19.90	Grace Heymsfield	DMR	11:05.83
<u>2000</u>			Dominique Scott	DMR	11:05.83
Indoor			Chrishuna Williams	DMR	11:05.83
Amy Yoder Begley	5,000 Meters	15:46.89	<u>2015</u>		
<u>2001</u>			Indoor		
Indoor			Therese Haiss	DMR	10:51.89
Tracy Robertson	Mile	4:39.10	Jessica Kamilos	DMR	10:51.89
Gi-Gi Miller	Triple Jump	44-4	Sparkle McKnight	DMR	10:51.89
<u>Outdoor</u>			Sandi Morris	Pole Vault	15-1
Amy Yoder Begley	10,000 Meters	33:59.96	Dominique Scott	3,000 Meters	8:55.19
<u>2004</u>				DMR	10:51.89
Indoor			<u>2016</u>		
Veronica Campbell	200 Meters	22.44	Indoor		
<u>Outdoor</u>			Lexi Weeks	Pole Vault	15-2.25
LaShaunte'a Moore	200 Meters	22.37	<u>2005</u>		
<u>Indoor</u>			Indoor		
Aneita Denton	800 Meters	2:03.65	Aneita Denton	800 Meters	2:02.84
<u>Outdoor</u>			<u>2011</u>		
Aneita Denton	800 Meters	2:02.84	Indoor		
<u>2012</u>			Tina Sutej	Pole Vault	14-7.25
Indoor			<u>2012</u>		
Tina Sutej	Pole Vault	14-7.25	Indoor		
<u>2011</u>			Tina Sutej	Pole Vault	14-7.25