

# ARKANSAS WOMEN'S CROSS COUNTRY



# 18 CONFERENCE CHAMPIONSHIPS | 22 REGIONAL CHAMPIONSHIPS | 10 NCAA TOP-10 FINISHES

<b>&gt;</b> 2017	SCHEDULE	>
Sept. 1	at Cowboy Duals	2nd of 4
Sept. 16	at Riverside Invitational	1st of 29
Sept. 16	at Missouri Southern Stampede	5th of 32
<u>Sept. 29</u>	at Notre Dame Invitational	4th of 20
Sept. 30	Chili Pepper Fesival	1st of 45
Oct. 14	Pre-Nationals	3rd of 43
Oct. 27	SEC Championships	1st of 14
Nov. 10	NCAA Regional	1so of 24
Nov. 18	NCAA Championship Loui	sville, Ky.

# NC44 2017 DIVISION I CROSS COUNTRY CHAMPIONSHIPS NCAA Championship Notes

- > Arkansas is ranked No. 6 heading into the NCAA Championships.
- > Senior Nikki Hiltz was the NCAA South Central Region Individual Champion at last week's regionals in College Station, Texas.
- > Freshman Lauren Gregory was named SEC Freshman of the year following her eighth place finish at the SEC Championships.
- The Razorbacks have finished in the top-10 at the NCAA Championships two out of the past three years.
- > Arkansas is the only program in the country to have all seven of its regional participants earn All-Region honors each of the last two seasons.
- > Taylor Werner is Arkansas' lone returning All-American following her first cross country championships appearance in 2016.

### > PROBABLE SEVEN

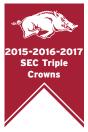






Nikki Hiltz

Sydney Brown



Therese Haiss





**FAST FACTS >>** 

Head Coach	Lance Harter
Dir. of Ops	Megan Elliott
Athletic Trainer	Mark Hinton
Office Phone	479-575-6384
Office Fax	479-575-3716
Mailing Address	10 S. Razorback Road
	John McDonnell Field
	. Fayetteville, AR 72701
Facility	Agri Park

# RECENT FINISHES >>

2017 SEC Finish	1st
2017 NCAA Regional Finish	1st
2016 NCAA Finish	19th

# 2017 TOP 5 TIMES: 5K >>

Ashton Endsley (Fr)	Chile Pepper Festival	16:48.00
Lauren Gregory (Fr)	Joe Piane Invitiational	16.49.80
Nikki Hiltz (Sr)	Joe Piane Invitational	16:55.10
Sydney Brown (R-Jr)	Chile Pepper Festival	16:56.10
Carina Viljoen (So)	Joe Piane Invitational	17:02.90

# 2017 TOP 5 TIMES: 6K >>

Nikki Hiltz	South Central Regionals	19:35.50
Carina Viljoen	South Central Regionals	19:36.00
Therese Haiss	South Central Regionals	19:57.90
Taylor Werner	SEC Championships	20:07.10
Taylor Werner	South Central Regionals	20:14.20

# 2017 **POSTER**

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Katie Adams	R-Sr.	Marengo, III. (Marengo HS/Oregon)
Sydney Brown	R-Jr.	Double Oak, Texas (Marcus HS)
Payton Brown	R-Fr.	Double Oak, Texas (Marcus HS)
Lauren Campbell	Fr.	Conway, Ark. (Conway HS)
Devin Clark	Jr.	Spring Branch, Texas (Smithson Valley HS)
Ashton Endsley	Fr.	Abilene, Texas (Abilene HS)
Abby Gray	So.	San Antonio, Texas (Alamo Heights HS)
Lauren Gregory	Fr.	Fort Collins, Colo. (Fort Collins HS
Therese Haiss	R-Sr.	Solon, Ohio (Solon HS/Oregon)
Nikki Hiltz	R-Sr.	Santa Cruz, Calif. (Aptos HS/Oregon)
Micah Huckabee	R-So.	Cabot, Ark. (Cabot HS)
Tess Iler	R-Fr.	Mission Hills, Kan. (Shawnee Mission East HS)
Emily Jeacock	R-So.	Northampton, England (Marcus HS)
Kristen Larkan	R-So.	Greenland, Ark. (Greenland HS)
Rachel Nichwitz	Jr.	Fishers, Ind. (Hamilton Southeastern HS)
Madeleine Reed	So.	Highland Village, Texas (Marcus HS)
Joy Ripslinger	Fr.	Abilene, Texas (Abilene HS)
Alex Ritchey	R-Fr.	Little Rock, Ark. (Mt St. Mary Academy)
Kailee Sawyer	Jr.	Ontario, Canada (Bluevale Collegiate Institute)
Kelsey Schrader	R-Jr.	Dekalb, III. (Dekalb HS)
Grace Taylor	R-Jr.	Canton, Ohio (Jackson HS)
Greta Taylor	R-Fr.	Canton, Ohio (Jackson HS)
Abby Tedford	R-Jr.	Fairview, Texas (Lovejoy HS)
Claudia Verstraten	R-So.	Geelong Australia (Sacred Heart College)
Carina Viljoen	So.	South Africa
Taylor Werner	So.	Ste. Genevieve, Mo. (Ste. Genevieve HS)
Ruth Wiggins	R-Fr.	Memphis, Tenn. (Briarcrest Christian HS)

