



# ARKANSAS SPRING INVITATIONAL

FRIDAY-SATURDAY, MARCH 23-24

## SCHEDULE OF EVENTS

### SATURDAY RUNNING EVENTS

Time	Event	Gender
3:00 PM	3,000 Meter Steeplechase	Women
3:15 PM	3,000 Meter Steeplechase	Men
3:30 PM	4x100 Meter Relay	Women
3:35 PM	4x100 Meter Relay	Men
3:40 PM	1,500 Meters	Women
3:50 PM	1,500 Meters	Men
4:05 PM	100 Meter Hurdles	Women
4:15 PM	110 Meter Hurdles	Men
4:25 PM	100 Meters	Women
4:35 PM	100 Meters	Men
4:45 PM	800 Meters	Women
4:55 PM	800 Meters	Men
5:15 PM	400 Meters	Women
5:25 PM	400 Meters	Men
5:40 PM	400 Meter Hurdles	Women
5:50 PM	400 Meter Hurdles	Men
6:00 PM	200 Meters	Women
6:20 PM	200 Meters	Men
6:40 PM	800 Meters Invitational	Women
6:45 PM	800 Meters Invitational	Men
6:50 PM	3,000 Meters	Women
7:15 PM	3,000 Meters	Men
7:30 PM	1,500 Meters Invitational	Women
7:38 PM	1,500 Meters Invitational	Men
7:45 PM	4x400 Meter Relay	Women
7:55 PM	4x400 Meter Relay	Men

### FRIDAY FIELD EVENTS

Time	Event	Gender
3:30 PM	Hammer Throw	Men
To Follow (Approx. 6:00 PM)	Hammer Throw	Women

### SATURDAY FIELD EVENTS

Time	Event	Gender
11:30 AM	Javelin	Women
12:30 PM	Long Jump	Women
1:15 PM	Javelin	Men
2:30 PM	Pole Vault	Women
3:00 PM	High Jump	Women
3:00 PM	Long Jump	Men
3:45 PM	Discus	Women
3:45 PM	Shot Put	Men
5:30 PM	Discus	Men
5:30 PM	Triple Jump	Women
5:30 PM	Pole Vault	Men
5:30 PM	Shot Put	Women
6:00 PM	High Jump	Men
6:45 PM	Triple Jump	Men